

CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

August 2021

Vol. 3

ABOUT THE NEWSLETTER

Welcome to our NEW Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

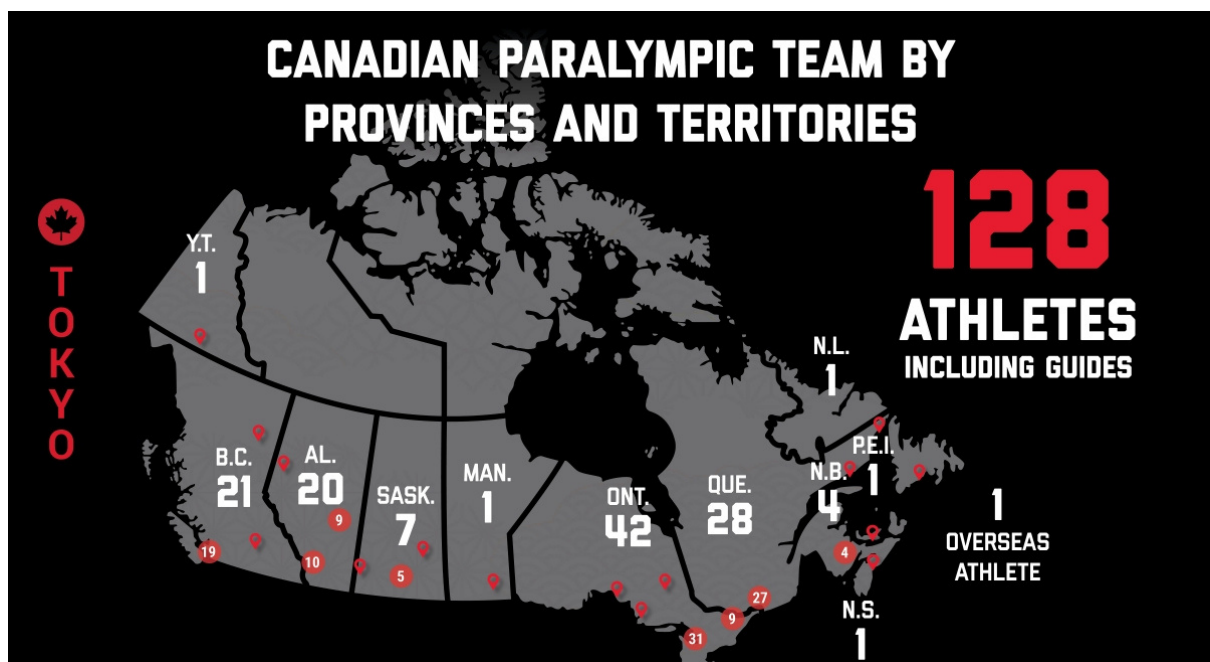
Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let us help you and your family get involved in leisure!

The Tokyo 2020 Paralympic Games are here!

The Paralympic Games in Tokyo will take place

August 24-September 5th, 2021 !

22 sports **164** countries **4237** Paralympians



ACTIVITIES

Try a Paralympic sport! There are 22 sports in the Summer Paralympics. You can give many of these sports a try through activities listed on the Jooay app!

1. Para Swimming

Para swimming features athletes with physical, visual, and intellectual impairments. Events are the freestyle, backstroke, breaststroke, butterfly, individual medley, and relays.

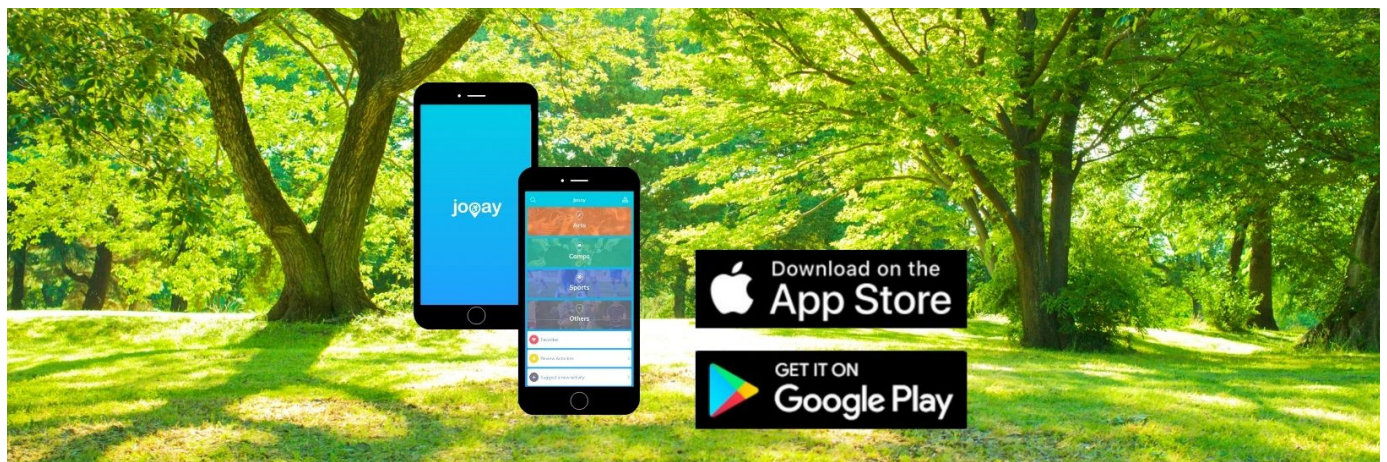
➔ **Wilmot Aquatics ACES Club in Baden, ON !**

The Wilmot Swim Club encourages individuals to develop at different levels of swimming performances and enjoyment based on the swimmer's ability and level. They will be entered at a level where they will develop their skills and continue to improve the four swim strokes!



Learn more here:

<https://www.teamunify.com/team/canwaasc/page/home>



2. Boccia

Boccia is a game of precision and intense focus. The players propel leather balls (six per competitor) as close as possible to a white target ball (called the “jack”) on a long, narrow field of play.

➔ Boccia Canada

Boccia Canada is the boccia delivery arm of the Canadian Cerebral Palsy Sports Association focused on providing athletes and individuals of all ages with the chance to play a unique Paralympic sport!



Learn more here:

<https://bocciacanada.ca/>

3. Wheelchair Basketball

Wheelchair basketball is one of the most exciting events at the Paralympic games, it takes the thrilling game of basketball and throws it on wheels!

➔ Manitoba Wheelchair Sport Association

MWSA offers a variety of programming from recreational play all the way to supporting an athlete's dream to go to the Paralympics. Wheelchair basketball is a sport for everybody!



Learn more here:

<https://mwsa.ca/programs/wheelchair-basketball/>

4. Goalball

Goalball is a sport for athletes with visual impairments. Played in a gym court, the objective of the game is to throw the ball using a bowling motion into the opponent's net while the opposing players try to block the ball with their bodies.

➔ **Variety Village Goalball Club in Scarborough, ON !**

Variety Village is an accessible sport, training and fitness centre for people of all abilities. Come discover this inclusive and family-friendly fitness, sports and life skills facility!



Learn more here:

<https://ontariogoalball.com/variety-village-goalball-club/>

5. Para Equestrian

in Para Equestrian, riders are judged on their ability to perform various patterns, which include changes in pace and direction.

➔ **Happy Hoofs Equine Assisted Learning Center in Bocabec, NB!**

Happy Hoofs provides a safe, rewarding and empowering environment for people of all ages to learn, develop and grow in mind, body and spirit through a proven equine assisted learning program!

Learn more here:

<https://happyhoofs.ca/>




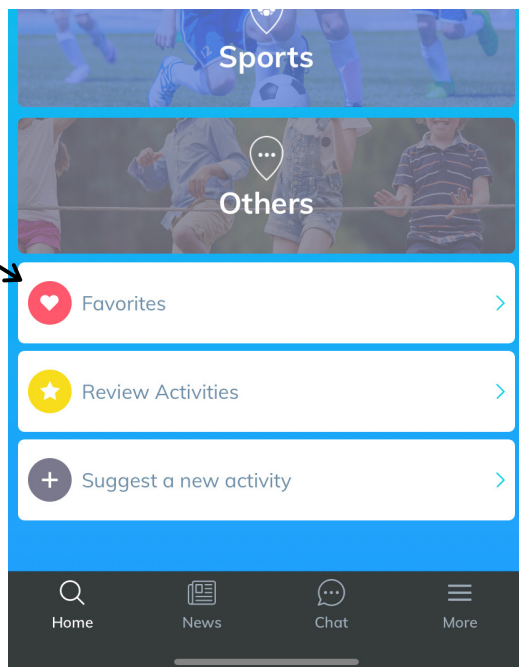
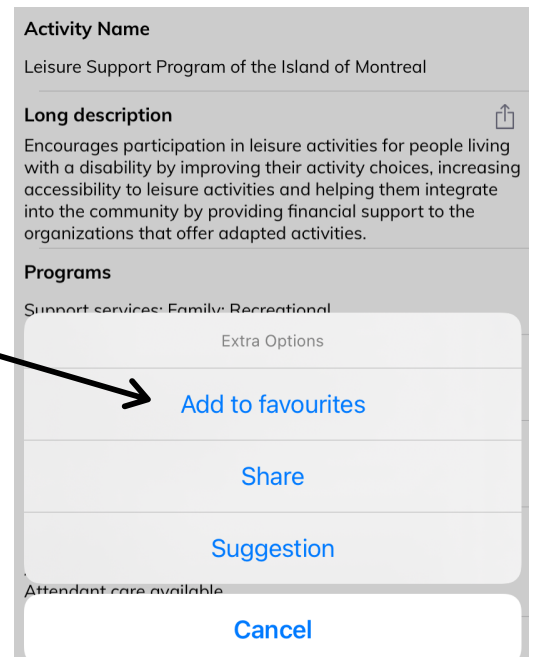
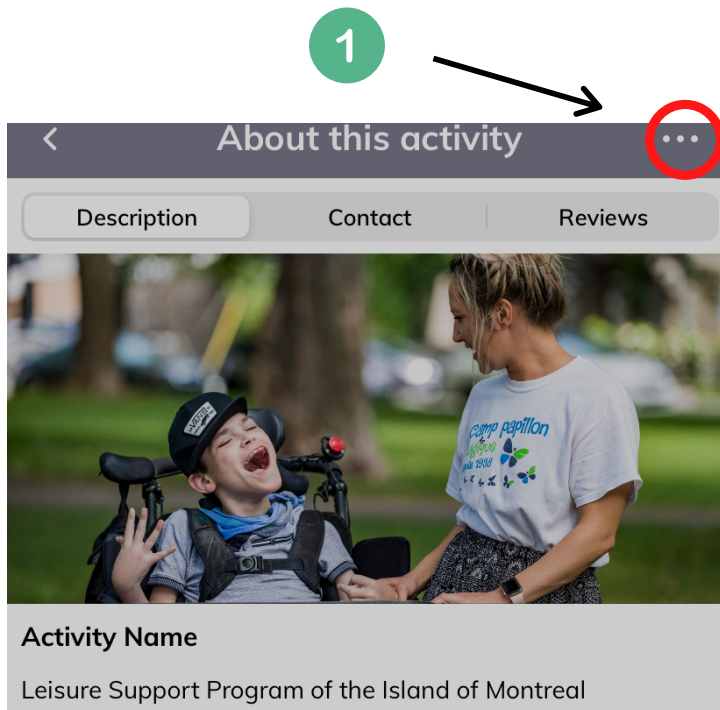
JOOAY APP UPDATES

HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: Adding an activity to Favourites

When viewing an activity in the Jooay app ...

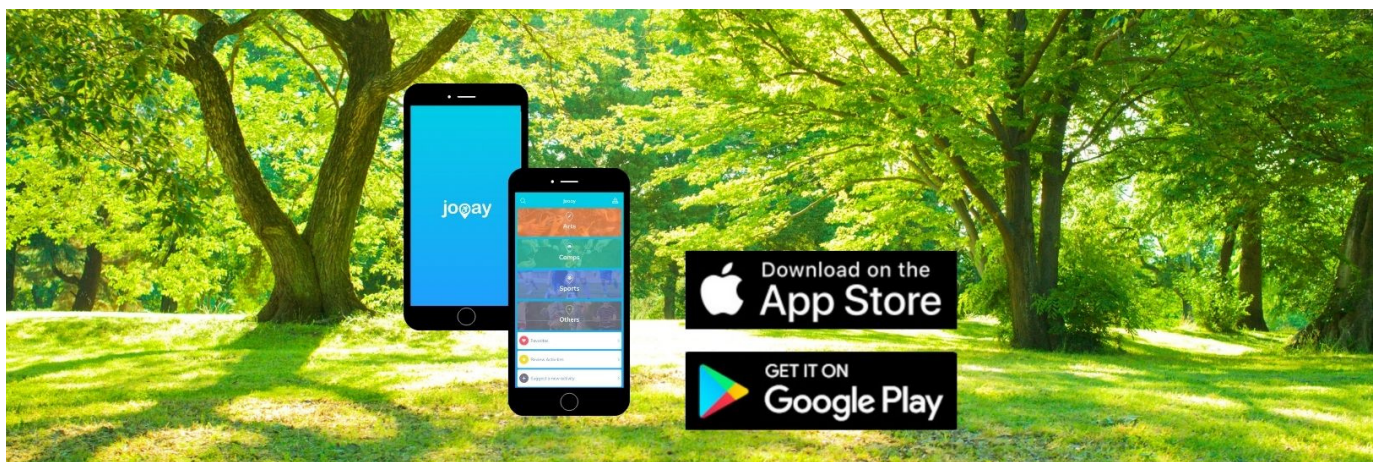
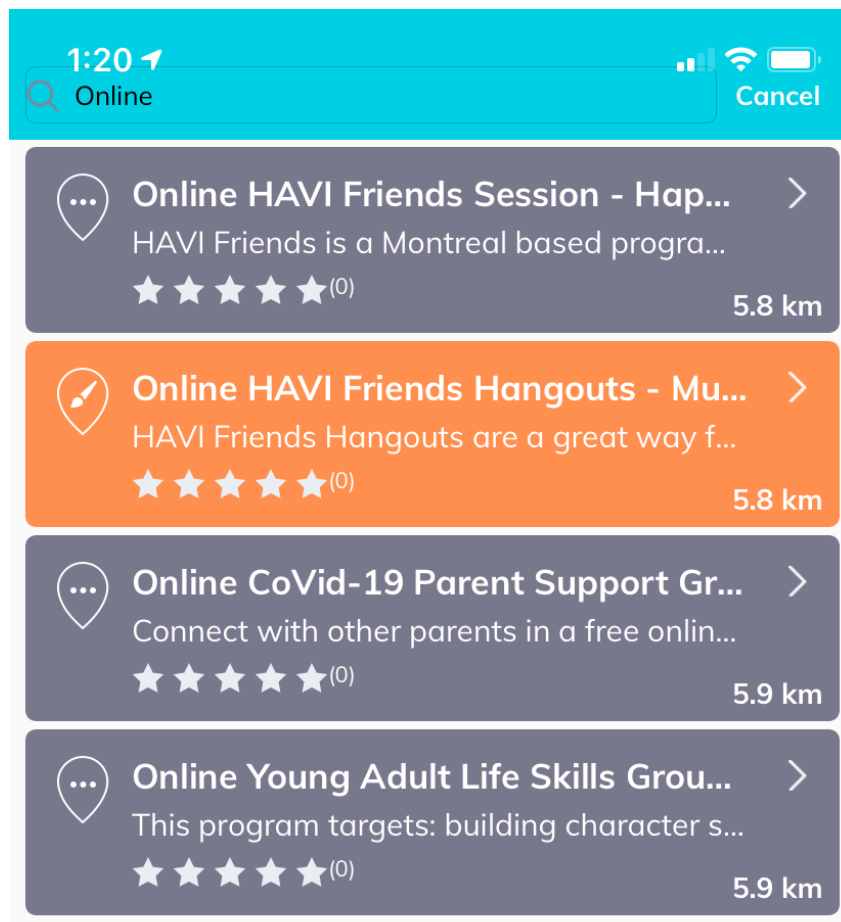
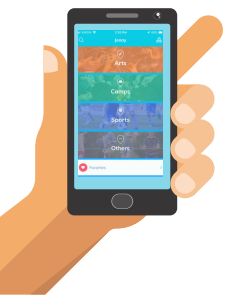
1. Click the 3 dots in the top right corner
2. Click 'Add to favourites'
3. Go to Favourites.
4. View this activity in your Favourites list! 



JOOAY APP UPDATES

Tip #2: Searching for online activities

1. Open the Jooay App
2. Go to Search 🔍
3. Type 'Online'
4. View all of the online activities available on the Jooay App!



Canada is sending 128 athletes to the Tokyo 2020 Paralympic games!

The team will be assisted by 113 coaches and support staff!

"I FEEL HAPPY, PROUD AND HONOURED TO BE GIVEN
THE OPPORTUNITY TO WEAR THE MAPLE LEAF IN
FRONT OF THE WORLD"
Iulian Ciobanu, Boccia

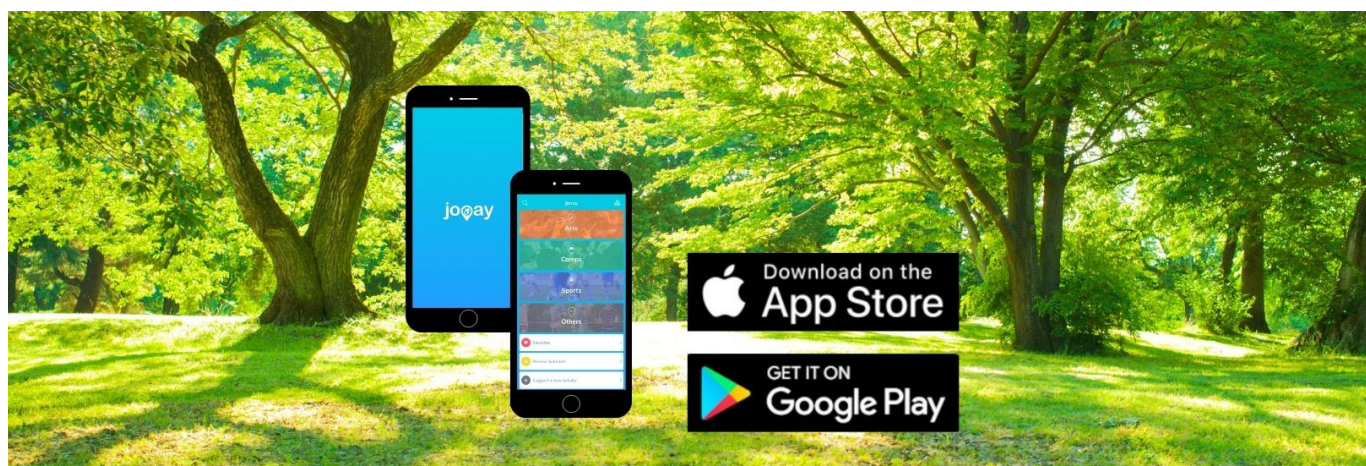


Athlete Spotlight: Nicholas Bennett

At 17, Nicholas Bennett (Para swimming) will be the youngest member of the team! He will be competing for Canada at his first Paralympic Games in Tokyo!



The Jooay app research team is part of the scientific advisory for the Canadian Paralympic Committee!



Engagement on the Disability Inclusion Action Plan

The Government of Canada is engaging Canadians on how to improve the lives of Canadians with disabilities. Your feedback will support the development of the Disability Inclusion Action Plan, which will focus on:

- reducing poverty among persons with disabilities in Canada;
- getting more persons with disabilities into good quality jobs;
- helping meet the Accessible Canada Act goal of a barrier-free Canada by 2040;
- making it easier for persons with disabilities to access federal programs and services; and
- fostering a culture of inclusion.

Participate by completing the online survey [here](#) by August 31, 2021!



If you have any suggestions for our newsletter please let us know!

contact: jooay@childhooddisability.ca

SOCIAL MEDIA

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Play Facebook Group!

<https://www.facebook.com/groups/JooayCommunity>

