

# CONNECTING YOU TO PLAY: JOOAY

## Jooay App Monthly Newsletter

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March, 2022

Vol. 9

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### ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

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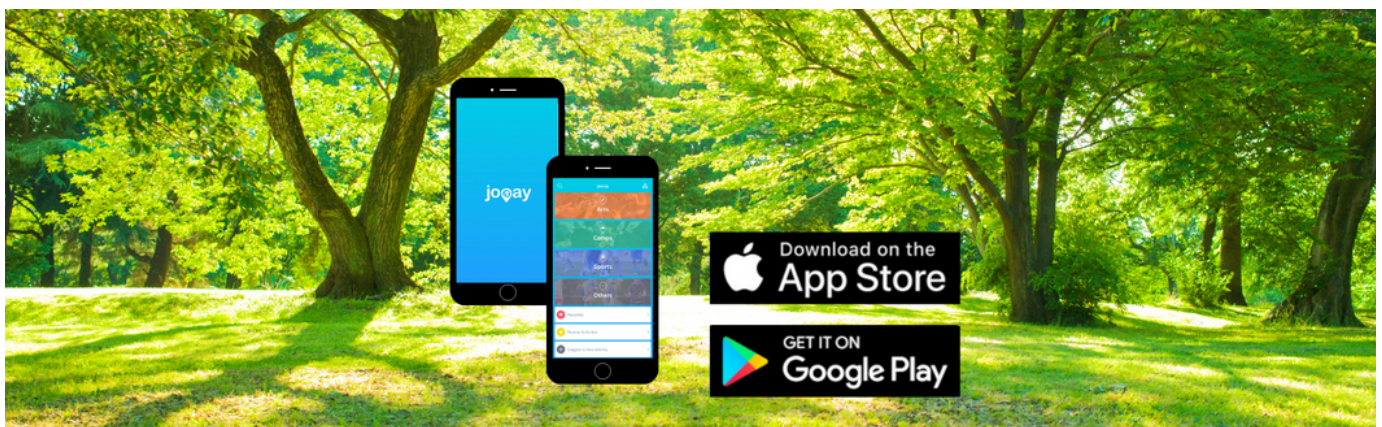
### ACTIVITIES

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#### 1. Recreational Respite

Recreational Respite offers unique virtual programs in the form of small group activities, one-on-one programs. One to one services can be short or long term and goal directed. Each individuals' needs, abilities, strengths and interests are their primary focus.

**Register here:**  
**Recreational Respite**



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## 2. Spaulding Rehabilitation Network

Spaulding Adaptive Sports Centers (SASC) are open to all individuals in the community who are living with disabilities. Children and adults participate in a variety of sports and recreation events alongside adaptive sports professionals and Spaulding therapists. Check out their activities which are both in-person and online!

Inclusive online fitness, Stand Balance and Barre, Core and Stretch and much more!



**Register here:**

**[Spaulding Rehabilitation Network](#)**

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## 3. National Sports Center for the Disabled

The NSCD is providing programming through the form of both on-demand and live video formats! All on-demand programming is shared on our Youtube, social media pages and listed below, while their live streaming programs will all be on Zoom.



**Register here:**

**[National Sports Center for the Disabled](#)**



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## 4. Club Inclusion

The Club Inclusion provides social, cultural and recreational programs accessible to all people with disabilities. They enrich lives by building friendships, community and success. They run daily programs, events and activities in Halifax and Dartmouth, Nova Scotia, accessible to youth and adults who have diverse abilities and needs. They also host online club hangouts.



**Register here:**  
**[Club Inclusion](#)**

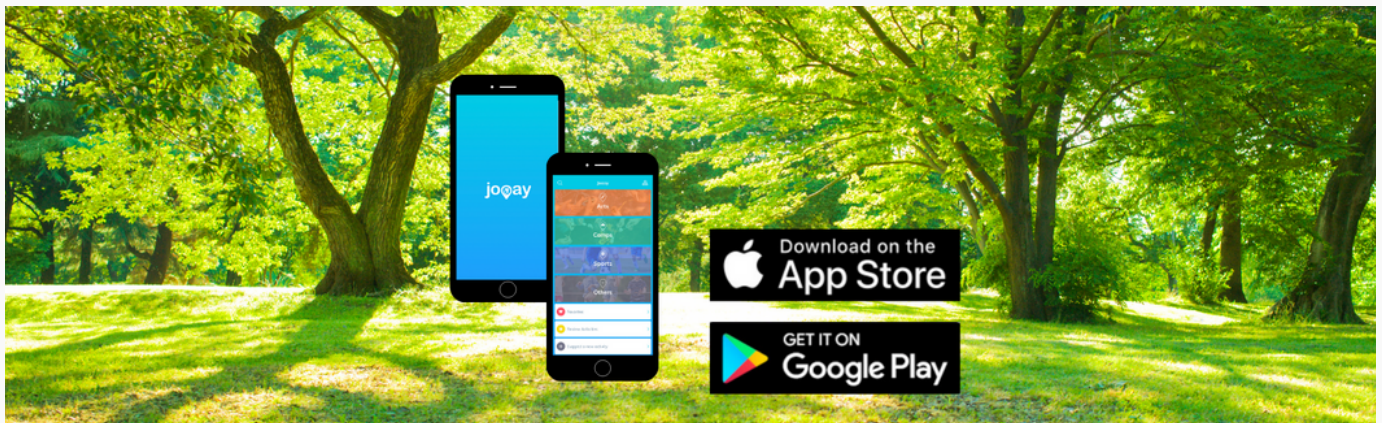
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## 5. Holland Bloorview

The Holland Bloorview care for kids with disabilities, kids needing rehabilitation after illness or trauma, kids whose medical complexity requires a kind of care they can't get elsewhere. They have an adapted recreation equipment loan program, adapted aquatic swim programs, Music and Arts program, respite programs, and a lot more with the interdisciplinary team on site!



**Check here:**  
**[Holland Bloorview](#)**



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## 6. Ausome Ottawa

No one should be excluded from sports. But for kids with autism, playing sports isn't always easy. Ausome Ottawa offers opportunities for every kid with autism to participate in sports in a program that meets their needs. Ausome's programs, lead by professional behaviour therapists and trained volunteers, are inclusive, structured, & FUN! Most programs are offered at no cost to families.



**Register here:**  
**[Ausome Ottawa](#)**

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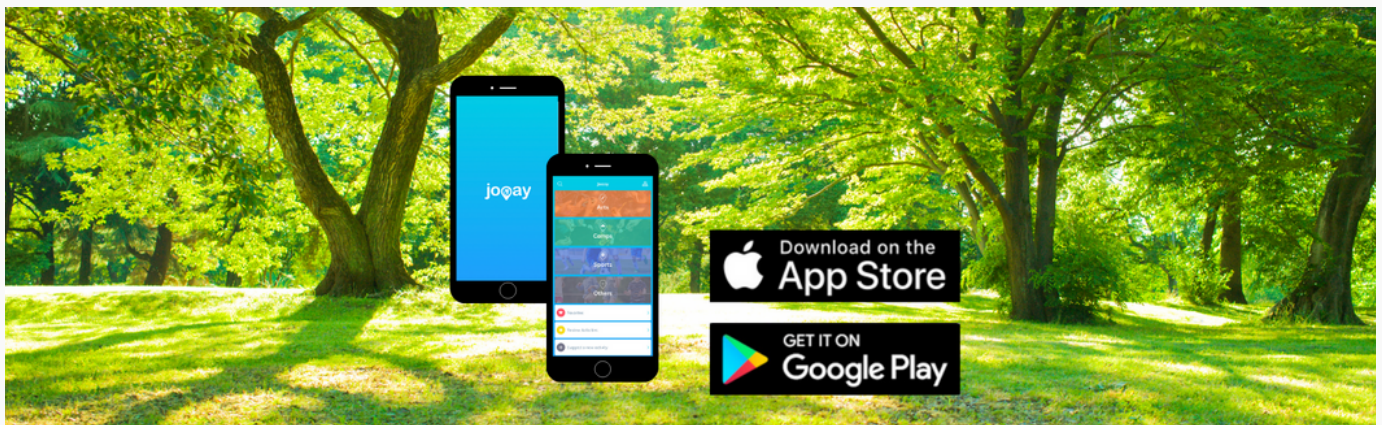
## 7. Between Friends

Between Friends provides unique opportunities for individuals with disabilities to have social interaction with peers who may or may not have a disability. Their members develop self-confidence, accomplishment and a sense of responsibility. Their upcoming event "Friends in Motion - Open the Vault" registration is open now!



**Register here:**  
**[Between Friends](#)**

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# JOOAY APP UPDATES

**BE SURE TO DOWNLOAD OUR UPGRADED ANDROID  
VERSION OF THE JOOAY APP!**

**FIND IT TODAY ON THE PLAY STORE & DISCOVER  
OUR NEW FEATURES.**

**BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES  
TAB!**



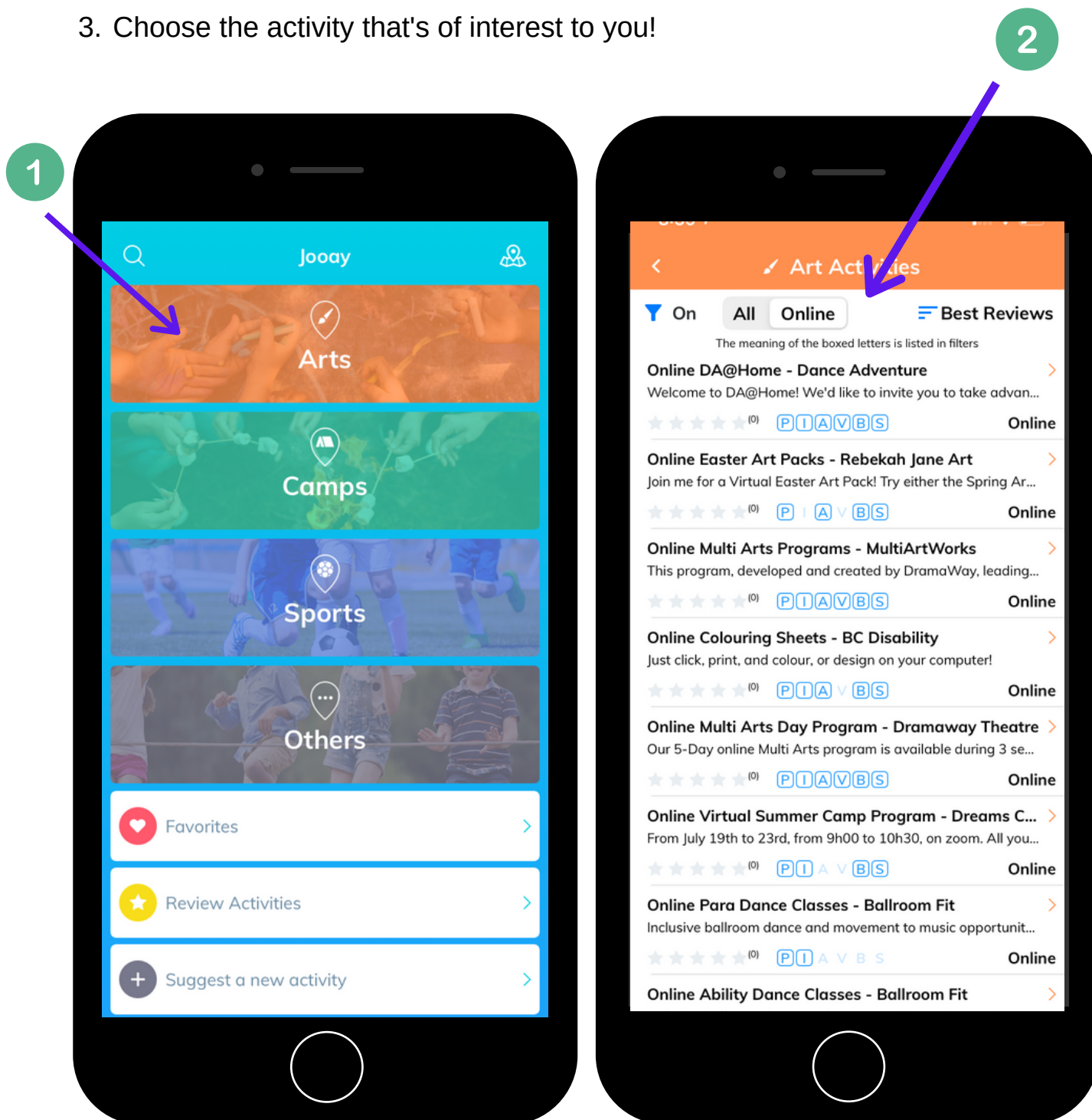
# THE UPGRADED ANDROID VERSION OF THE JOOAY APP

## HOW TO GET THE MOST OUT OF THE JOOAY APP?

### Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

1. Select an option among the activity' categories
2. Select the 'Online' Tab to have access to virtual activities
3. Choose the activity that's of interest to you!



## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

### HOW TO GET THE MOST OUT OF THE JOOAY APP?

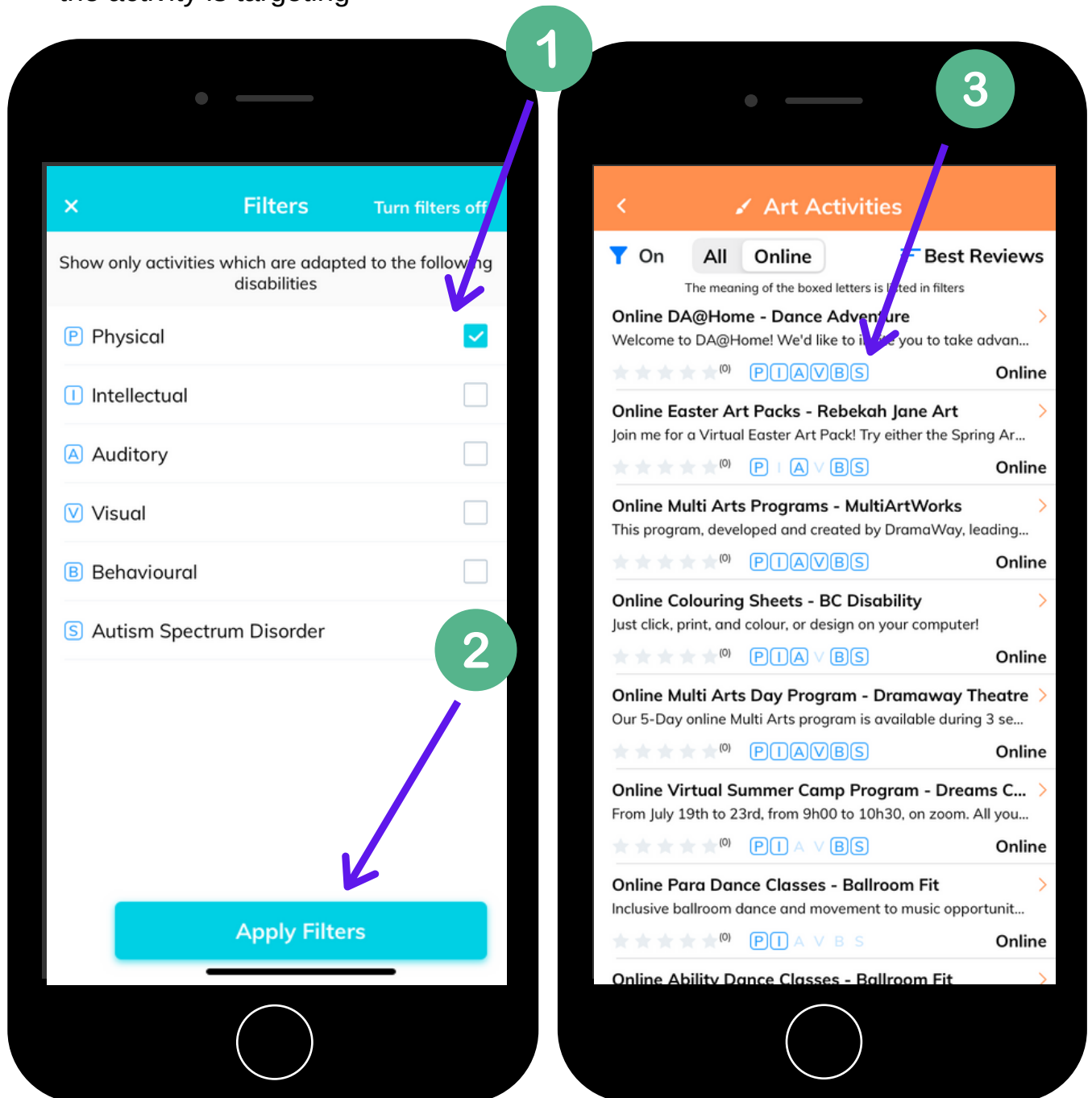
#### Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting



## The Beijing 2022 Paralympic Games have arrived!

The Paralympic Games in Beijing span from

Friday March 4th - March 13th, 2022 !

Stay up to date with our Canadian athletes [here](#)!



If you have any suggestions for our newsletter please let us know!

contact: [jooay@childhooddisability.ca](mailto:jooay@childhooddisability.ca)

SOCIAL MEDIA

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<https://www.facebook.com/groups/JooayCommunity>

