

CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

April, 2022

Vol. 10

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

1. Applestone Playground

This playground was cutting edge when it opened in southeast Calgary in 2013. A lot of thought went into making it accessible, too. Adapted features include wheelchair-accessible sway equipment, an accessible swing and an accessible climber with ramps, spring is here and it is time to enjoy the outdoors!



Check here:

[Applestone Playground](#)



2. Flex for Access

Flex for Access' vision is to help societal perception of disability evolve, and to allow all individuals regardless of limitations, fitness level and interest, the ability to be engaged in exercise and sport. Flex for Access is a non-profit organization for Cerebral Palsy awareness, and other disabilities and fitness and sport promotion. The organization acts as a pathway to allow individuals with physical challenges and injuries to engage in training sessions, yoga and boxing classes and other sport programs.

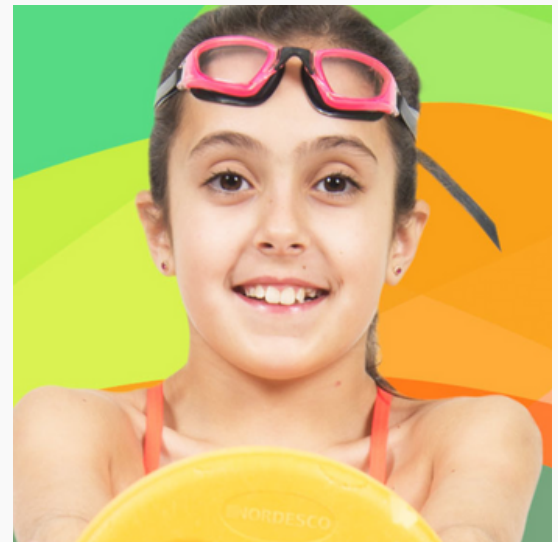


Register here:

[Flex for Access](#)

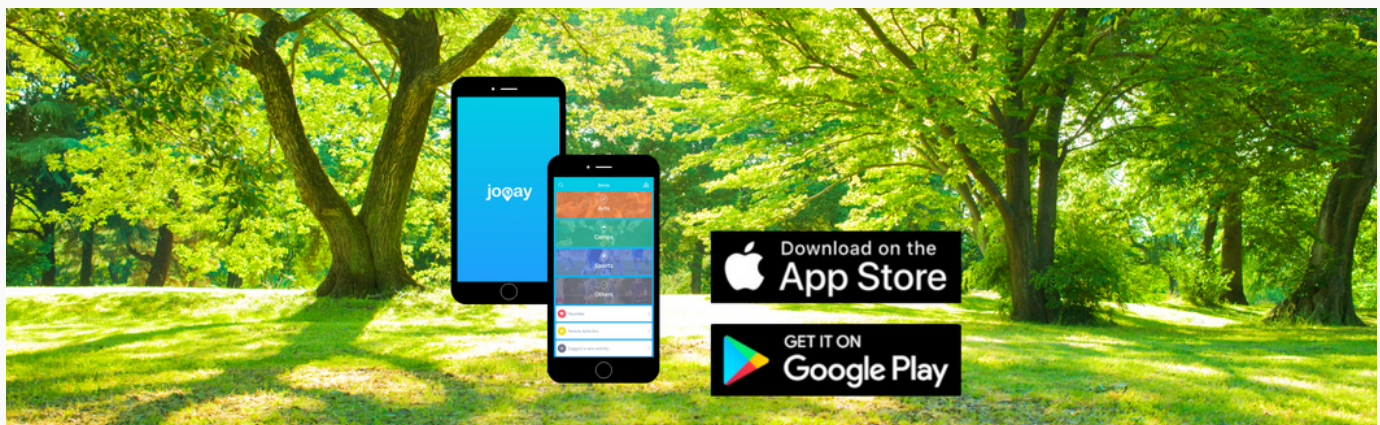
3. Centre du Sablon

Centre du Sablon facilitates the development and improvement of communication and social skills in children with a mild to moderate special needs, via multiple programs such as private swimming lessons (3-13 years-old), social skills (4-12 years-old), & adapted multisports (4-14 years old). Pre-registration for the spring programs is now open!



Register here:

[Centre du Sablon](#)



4. National Centre for Dance Therapy

The NCDT, a division of Les Grands Ballets Canadiens, is dedicated to the promotion of dance/movement therapy. The NCDT, which combines clinical research, training and therapy, aims to improve the well-being of individuals through the benefits of dance, thereby reinforcing the utility of this art form for the community while promoting and developing Les Grands Ballets' focus on health.



Register here:

[National Centre for Dance Therapy](#)

5. Canucks Autism Network

CAN is dedicated to providing programs to individuals on the autism spectrum and their families, while promoting acceptance and inclusion through community engagement and training initiatives across BC and beyond. Check out their spring programming and submit a registration request through the link below! They host activities such as "Active", "Swim", "Virtual Baseball, Coding, Drama, Yoga", and much more!



Register here:

[Canucks Autism Network](#)



6. Centre for Autism Services Alberta

The Centre offers programs for children (5 & under, 6-12), teens (13-17), and young adults with autism, and their families. Their services and programs for children include provincially-supported care, sports and recreation, art, skills development, summer camp, and more. They also offer activities for families so that everyone can play together. Their online registration is now on!



Register here:

[Centre for Autism Services Alberta](#)

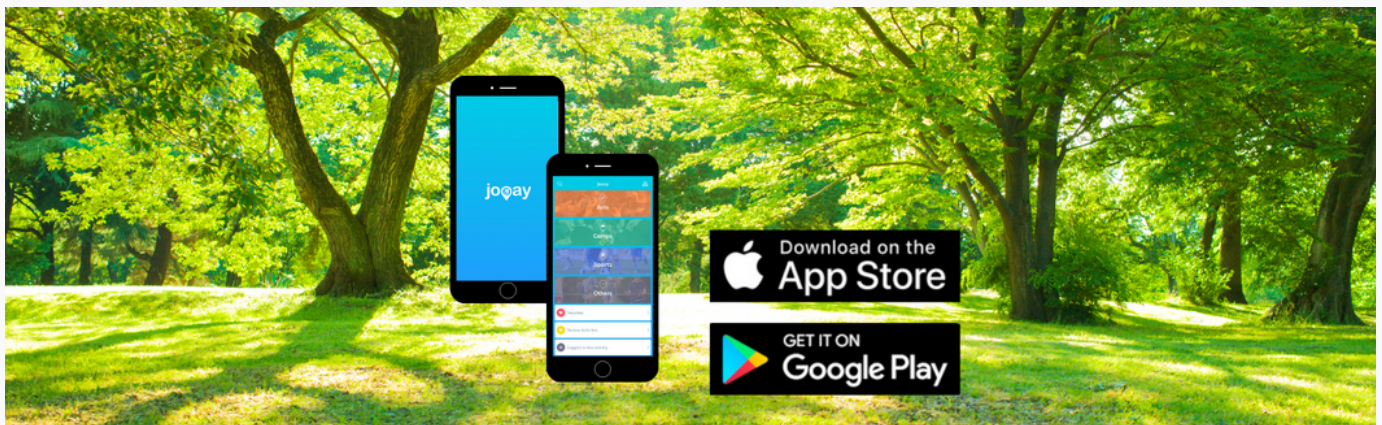
7. W.E.S.O.A.R Programs

Members of Weekend & Evening Social Opportunities, Activities & Recreation (WESOAR) may choose to participate in swimming, bowling, dancing, or dinner and a movie among many other fun and social activities. W.E.S.O.A.R! Available to Between Friends members of all ages. They run in various locations and partner facilities throughout Calgary (NE, NW, SE, SW).



Register here:

[W.E.S.O.A.R Programs](#)



JOOAY APP UPDATES

**BE SURE TO DOWNLOAD OUR UPGRADED ANDROID
VERSION OF THE JOOAY APP!**

**FIND IT TODAY ON THE PLAY STORE & DISCOVER
OUR NEW FEATURES.**

**BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES
TAB!**

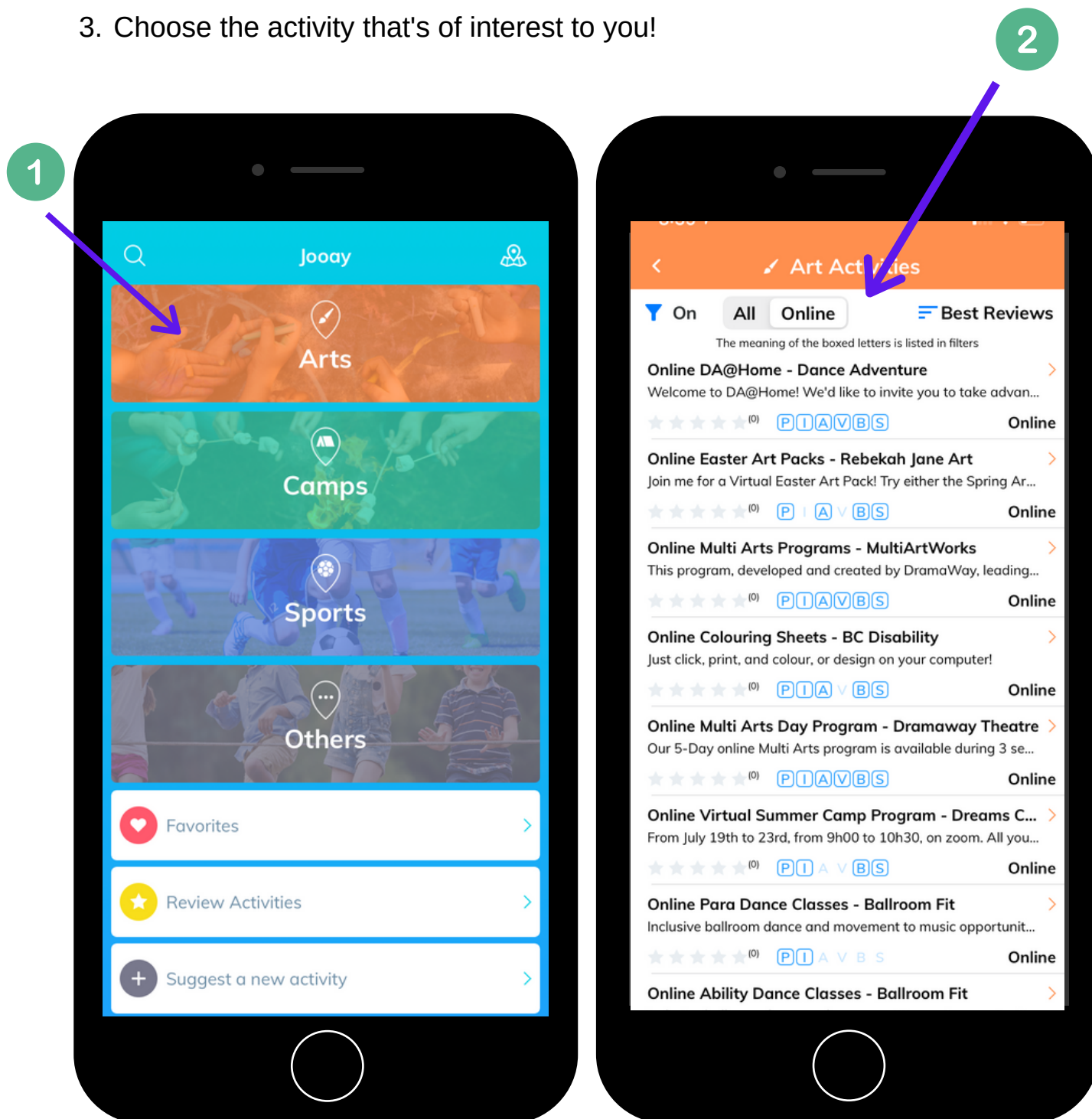


HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

1. Select an option among the activity' categories
2. Select the 'Online' Tab to have access to virtual activities
3. Choose the activity that's of interest to you!



THE UPGRADED ANDROID VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

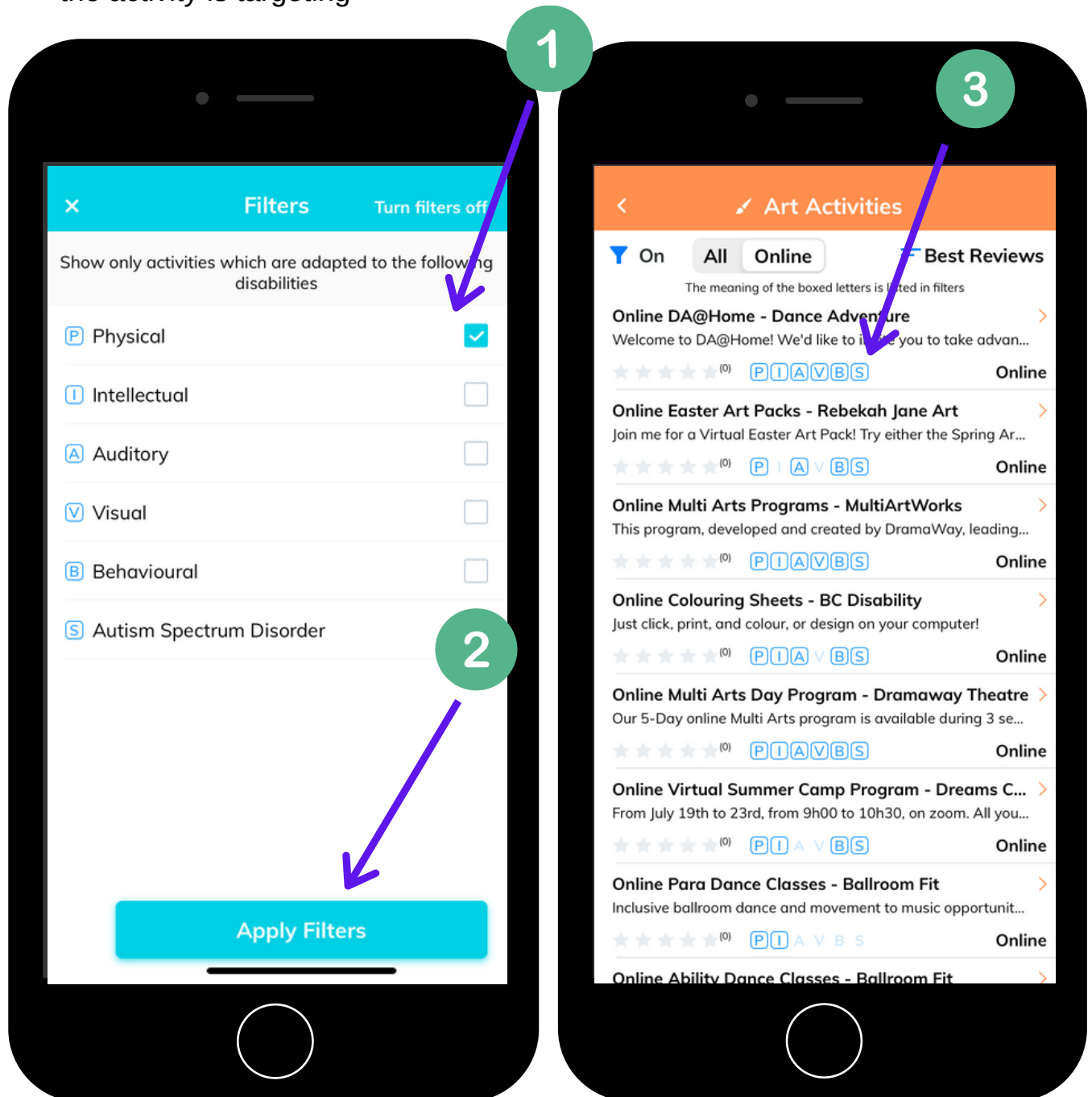
Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting



Limb Loss and Limb Difference Awareness Month

Join the Amputee Coalition in celebration of Limb Loss and Limb Difference Awareness Month (LLLDAM), April 1-30, 2022.

Read more about it [here](#)

Part of the amputee community? Check out the following resources:

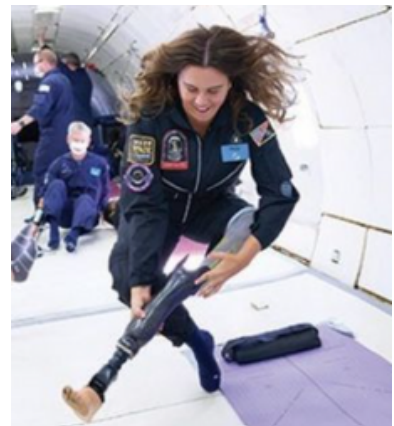
The War Amps



The ACC



The Thrive Mag



If you have any suggestions for our newsletter please let us know!

contact: jooay@childhooddisability.ca

SOCIAL MEDIA

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@jooayapp

Join the Jooay Community Connecting to Play Facebook Group!



<https://www.facebook.com/groups/JooayCommunity>

