

CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

December, 2022

Vol. 18

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

1. Toronto Accessible Sports Council

Toronto Accessible Sports Council offers many adaptive sports and recreation programs that can be enjoyed for health, wellness, leisure, social, and competitive benefits.

Before participating in recreational activities or sports, you can check with your physical therapist or physician to be sure that you are healthy enough for exercise, and what amounts of physical activity are safe for you.

Register here:

[Toronto Accessible Sports Council](#)



2. Autism Ontario

Register now for a winter-themed webinar that teaches caregivers family fun and holiday-themed activities!

Register here:
Autism Ontario



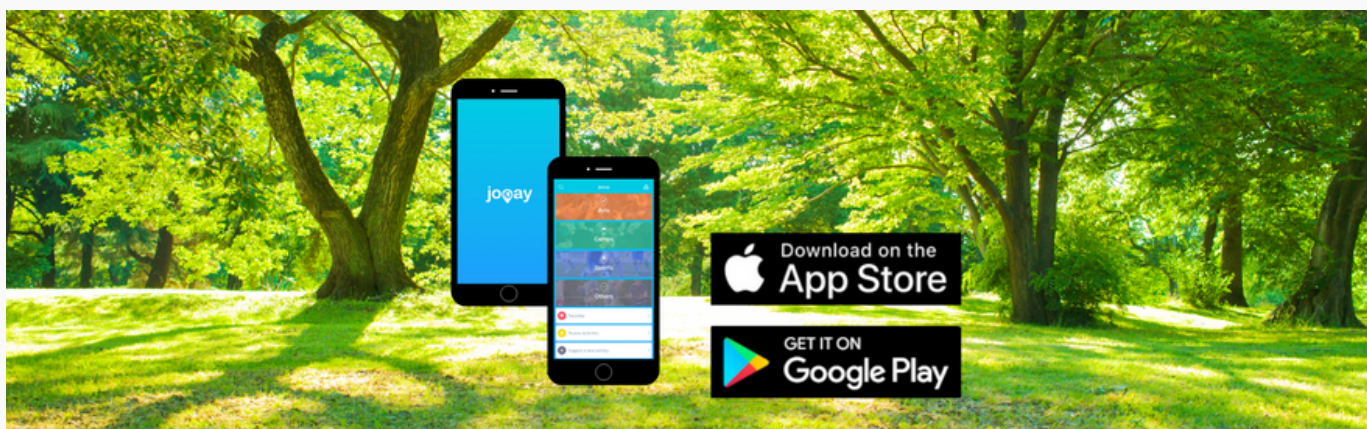
3. Brock Niagara Penguins

Brock Niagara Penguins strives to foster opportunities for youth and adults with physical disabilities in a recreational setting. We promote physical activity and offer sporting opportunities for those with physical disabilities.

The aim is to have participants experience success through achievement while developing social and leadership skills that are critical in fostering a healthy and caring community.



Register here:
Brock Niagara Penguins



4. Club Inclusion

Club Inclusion brings people together! All their programs are fully accessible to youth and adults who have different abilities and challenges. They believe that everyone has the right to fun, friendship, and a full and varied life of their choosing.

Find more information here:

[Club Inclusion](#)



5. Special Olympics Nova Scotia

Special Olympics Nova Scotia offers individual and team sports that provide meaningful training and competition opportunities for athletes with intellectual disabilities.

Whether you are a SUMMER or a WINTER sports enthusiast, they have a sport for you! their sports programs run year-round and practices are scheduled 1 to 2 times per week.

Find more information here:

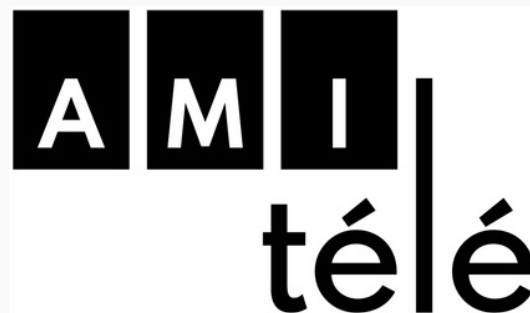
[Special Olympics Nova Scotia](#)



6.AMI-télé

AMI-télé travelled to Quebec to meet the family of Véronique Vézina, where each member lives with a visual impairment. Also, you can find recommendations for adapted games and inclusive culinary workshops for all, as suggested by Dr.Keiko Shikako.

This program is in **French**.



Watch here:

[AMI-télé](#)

7. Canadian Physical Activity Report Card

Canada's first-ever comprehensive summary of physical activity data for children and youth with disabilities is out! The new Disability Report Card resource suite presents Canada's grades, data gaps and recommendations

More Information here:

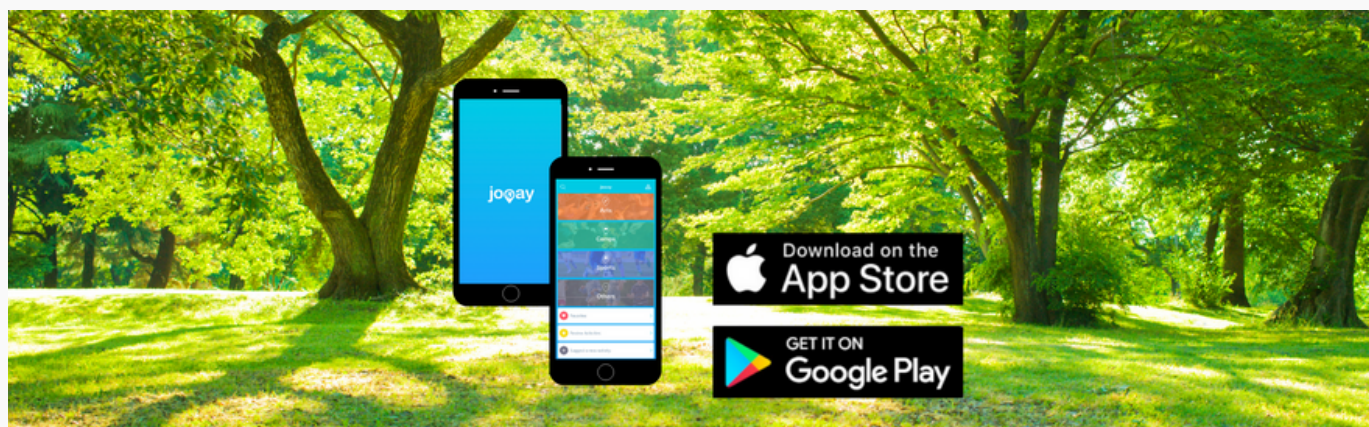
[Canadian Physical Activity Report Card](#)

Online now.

The graphic is a vertical rectangle with a pink top half and a white bottom half. The text 'Online now.' is in white on the pink background. The bottom half contains the title 'Canadian Physical Activity Report Card for Children and Adolescents with Disabilities' in black. At the bottom is a horizontal bar with four colored squares (pink, orange, green, blue) and the text 'cdpp.ca' on the right.

Canadian Physical Activity Report
Card for Children and Adolescents
with Disabilities

cdpp.ca



JOOAY APP UPDATES

**BE SURE TO DOWNLOAD OUR UPGRADED ANDROID
VERSION OF THE JOOAY APP!**

**FIND IT TODAY ON THE PLAY STORE & DISCOVER
OUR NEW FEATURES.**

**BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES
TAB!**

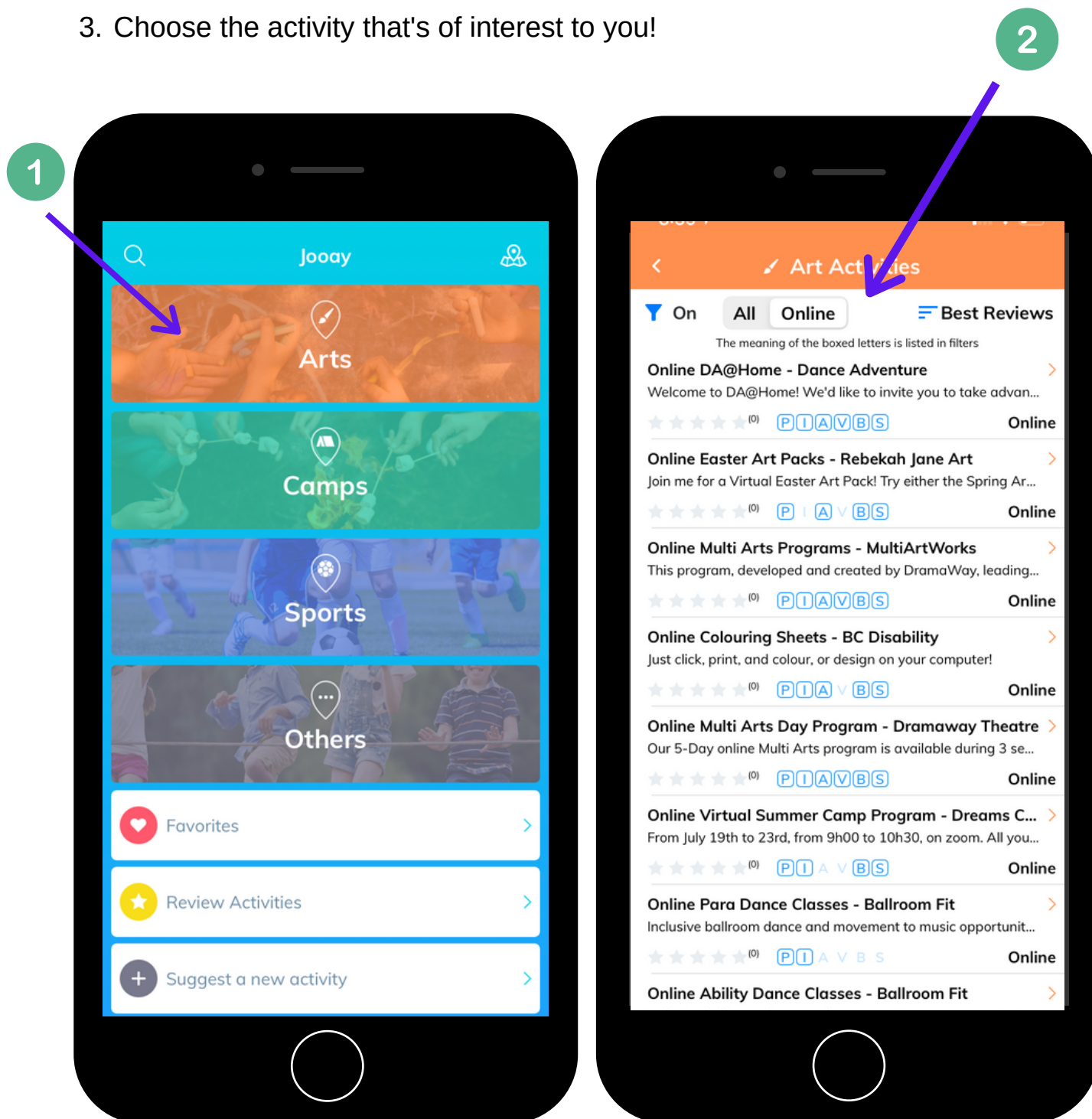


HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

1. Select an option among the activity' categories
2. Select the 'Online' Tab to have access to virtual activities
3. Choose the activity that's of interest to you!



THE UPGRADED ANDROID VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

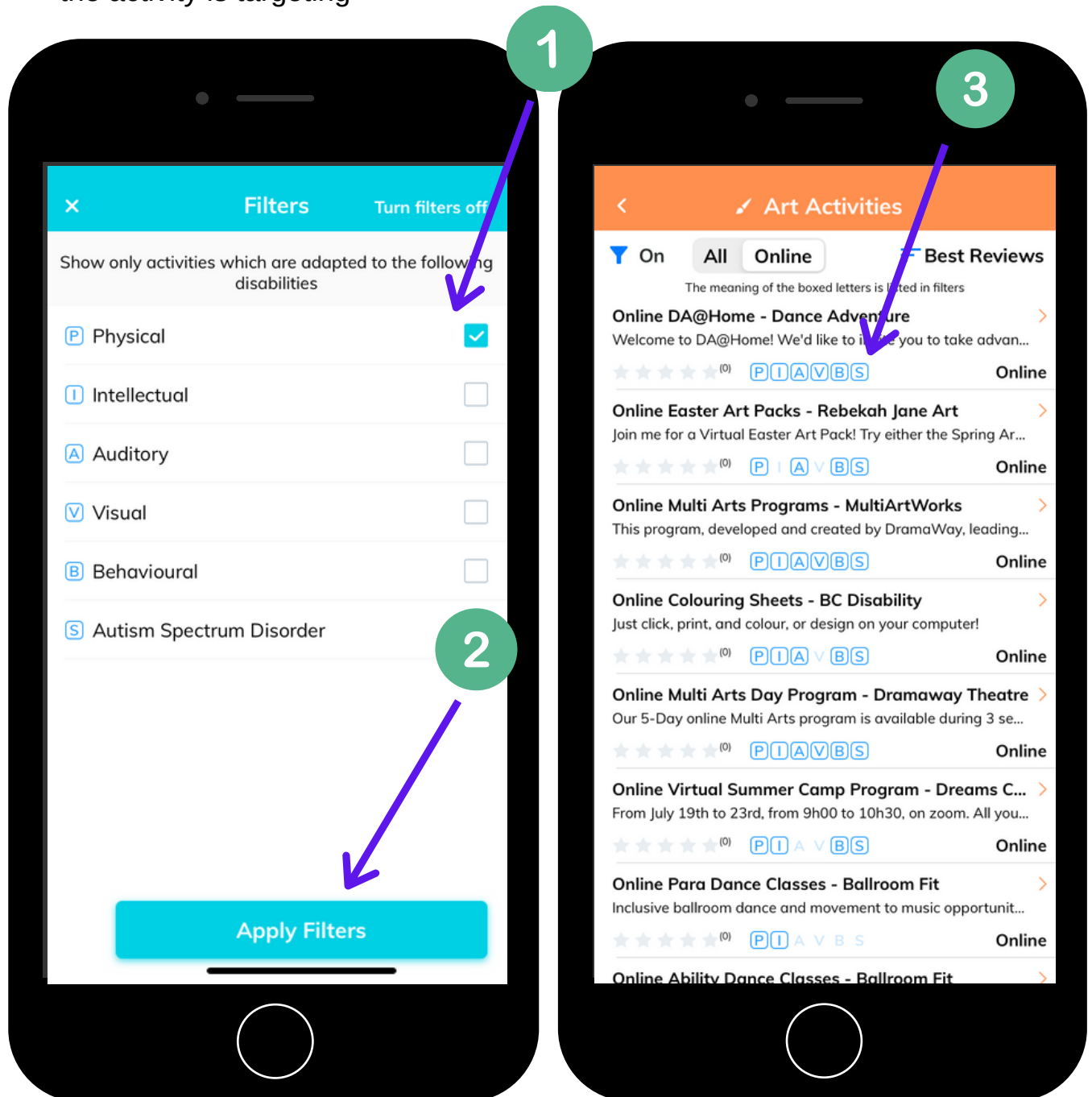
Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting



Happy International Day of Persons with Disabilities

The annual observance of the International Day of Persons with Disabilities (IDPD) on 3 December was proclaimed in 1992 by the United Nations General Assembly resolution 47/3. The observance of the Day aims to promote an understanding of disability issues and mobilize support for the dignity, rights and well-being of persons with disabilities.

This year the theme for the day is: “Transformative solutions for inclusive development: the role of innovation in fuelling an accessible and equitable world”. It reflects the Government of Canada’s longstanding commitment to disability inclusion.

If you have any suggestions for our newsletter please let us know!

contact: jooay@childhooddisability.ca

SOCIAL MEDIA

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Join the Jooay Community Connecting to Play Facebook Group!



<https://www.facebook.com/groups/JooayCommunity>

