

CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

February 2023

Vol. 20

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

1. BC Child Poverty Report Card

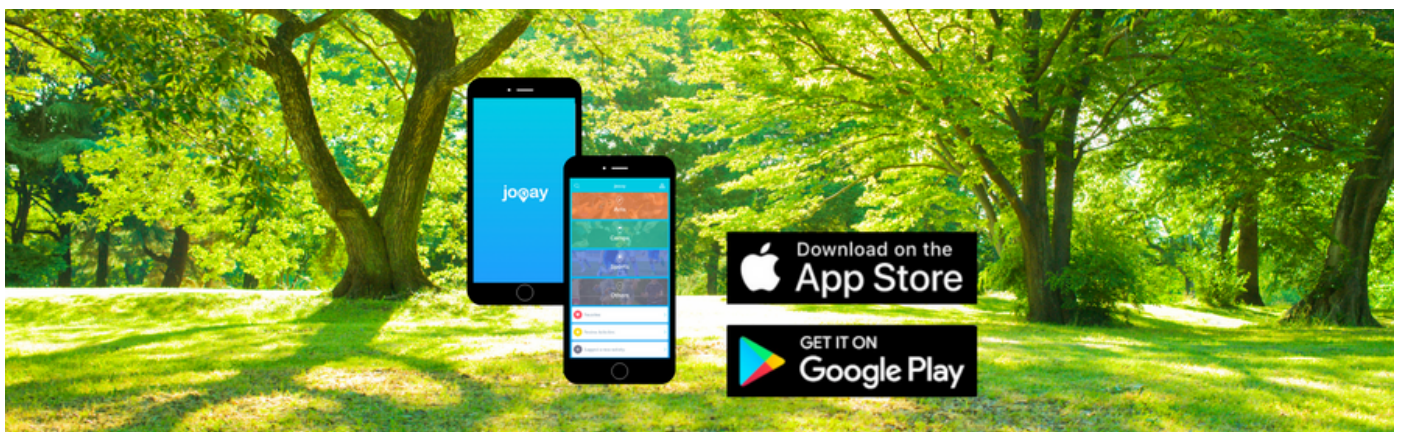
The 26th annual BC Child Poverty Report Card is out.

Child poverty dramatically decreased in 2020 showing the importance of government benefits in lifting families over the poverty line.



Read the report here:

[BC Child Poverty Report Card](#)



2. Between Friends

Registration is now open!

Join the Calgary Between Friends for an evening of fun and friendly competition. Groups of 4 will team up with a Between Friends champion to compete in 4 mini Olympic-style events.

Events include closest to the pin, arcade basketball, pro-putt mini golf, 3 ball pool.

See you there!

Between Friends



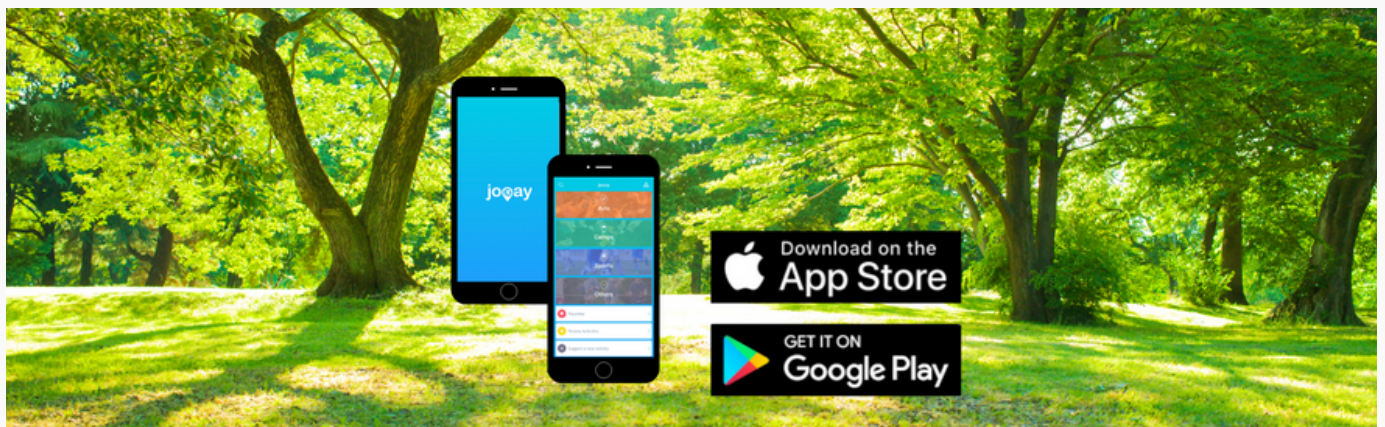
3. LEARN & TRY PARASPORT

Join us in Banff on Wednesday, March 8 to learn and try out a variety of adapted sports including sit-skiing, wheelchair basketball, goalball, and more!

Dr. Manocha will be helping to organize the event along with Calgary Adapted Hub
Powered by Jumpstart.

Register here:

CASEM ACMSE



4. Recreational Respite

This February, Recreational Respite has exciting new programs and favourites to share with Young adults (ages 16+) groups! Join them to practice soft skills and explore new interests that cultivate and promote healthy lifestyles, growth mindset, identity and diversity, independence, healthy relationships, and more!

Find more information here:
[Recreational Respite](#)

February 2023							
Young Adults (ages 16+)							
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			1 11:30am Cooking Club! 6:30pm Friendship Circle	2 6:30pm 100 Ways to Squeeze a Lemon	3 2:30pm Art & Culture Around the World 6:30pm TGIF Game Night	4 11:00am Weekend Warriors! - Fitness Club	
5	6 2:30pm Active Living & Meal Planning 6:30pm Daring to Dance!	7 2:30pm Be My Valentine? (Card Making)	8 11:30am Cooking Club! 6:30pm Friendship Circle	9 6:00pm Build Your Own Workout Routine	10 2:30pm Catching Some Zzzz's 6:30pm TGIF Game Night	11 11:00am Weekend Warriors! - Fitness Club	
12	13 2:30pm Rights & Responsibilities Online 6:30pm Music Manual	14 6:30pm Peer-to-Peer Valentine's Party! (Free)	15 11:30am Cooking Club! 6:30pm Friendship Circle	16 6:30pm Positive Social Media Role Models	17 2:30pm Cyberbullying 6:30pm TGIF Game Night	18 11:00am Weekend Warriors! - Fitness Club	
19	20 2:30pm Online Job Search 6:30pm Karaoke!	21 2:30pm Mixed Martial Arts	22 11:30am Cooking Club! 6:30pm Friendship Circle	23 6:30pm Impacting Your Community	24 2:30pm Grocery Game 6:30pm TGIF Game Night	25 11:00am Weekend Warriors! - Fitness Club	
26	27 2:30pm Zentangles 6:30pm Yoga Moves	28 2:30pm Escape Room: Memory Masters	Build It Workshops (1 hour) - \$20 each Recreation Programs (1 hour) - \$20 each Friendship Circle (1 hour) - \$80 for 4-week series Virtual Program Times are in EST For more information or to register, email groups@recrespite.com				

5. Camp Gencheff

Camp Gencheff is now offering a variety of programs that run year-round for both adults and children with intellectual and physical disabilities. Their programs and activities are highly structured and designed to suit the needs and abilities of each client.



Register for the camps:
[Camp Gencheff](#)



6. Variety Ontario

Online registration for summer camps at Variety Ontario is set to open on January 30 at 11 am.

Camp programs range from arts to sports, swimming, outdoor adventures, and more. No need to rush to drop off or pick up the kids, extended hours are available to support your family's busy schedule.



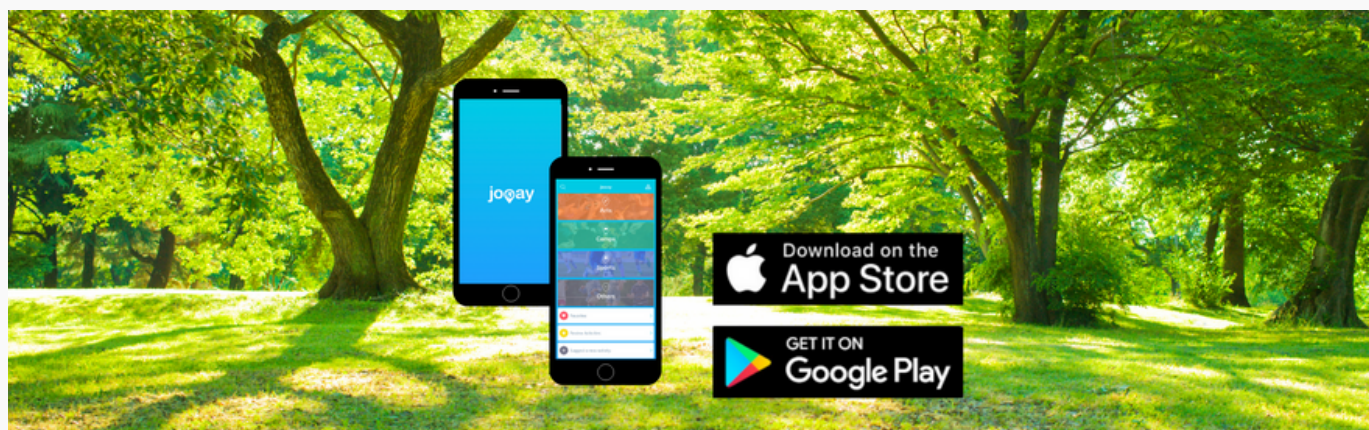
Register here:
[Variety Ontario](#)

7. Educational Shows for Kids of All Ages

Whether you're watching Netflix or PBS, there are more educational kids' shows available than ever before. Here you can find popular TV shows for toddlers, preschoolers, and teens so you know what's worth some screen time.



Register here:
[Educational Shows](#)



JOOAY APP UPDATES

**BE SURE TO DOWNLOAD OUR UPGRADED ANDROID
VERSION OF THE JOOAY APP!**

**FIND IT TODAY ON THE PLAY STORE & DISCOVER
OUR NEW FEATURES.**

**BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES
TAB!**

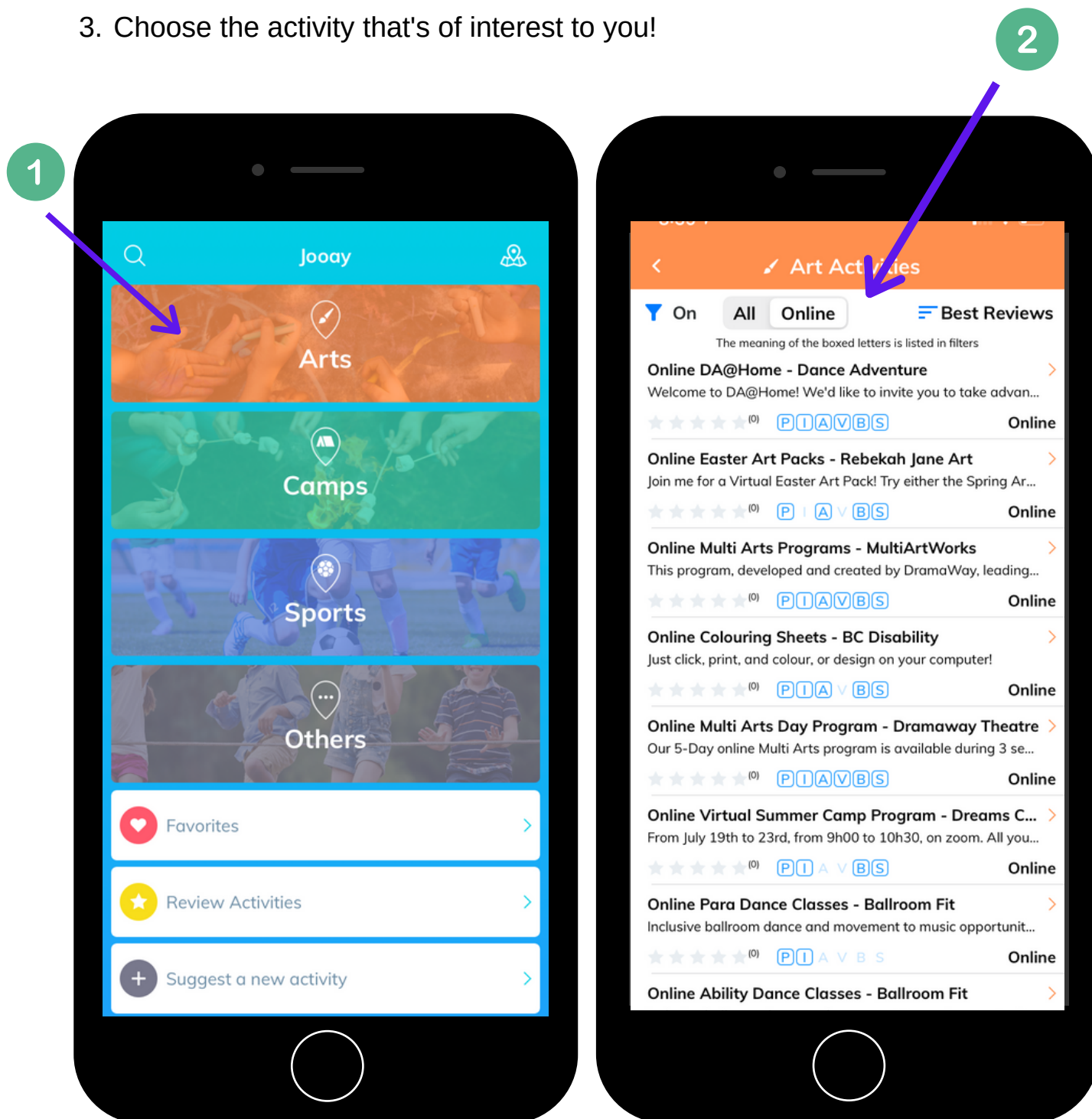


HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

1. Select an option among the activity' categories
2. Select the 'Online' Tab to have access to virtual activities
3. Choose the activity that's of interest to you!



THE UPGRADED ANDROID VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting

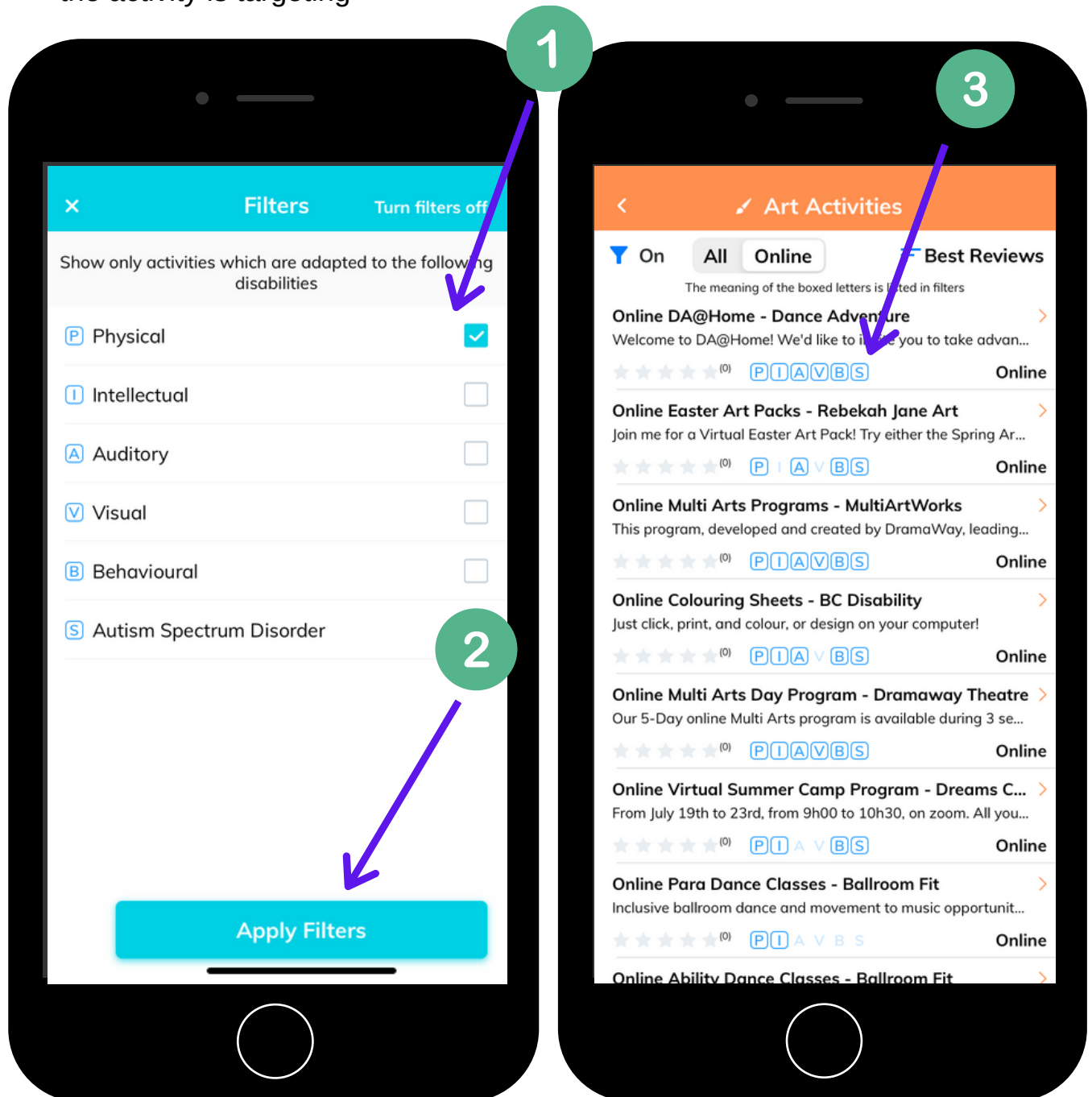




Image credit: <https://deafblindontario.com/>

If you have any suggestions for our newsletter please let us know!

contact: jooay@childhooddisability.ca

SOCIAL MEDIA

Follow us! ♥



@Jooay



@jooayapp



@jooayapp

Join the Jooay Community Connecting to Play Facebook Group!



<https://www.facebook.com/groups/JooayCommunity>

