CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

May 2023 Vol. 23

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (https://jooay.com/) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

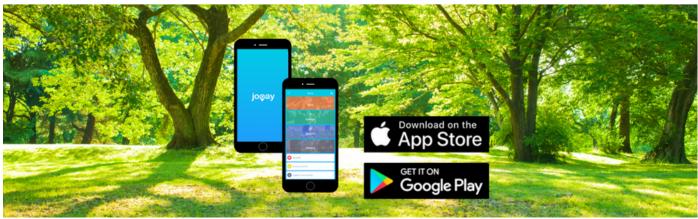
1. Jumpstart Play Resources

Are you looking for an activity for this long weekend?

Jumpstart has a collection of activity ideas and guided videos to help get kids moving!

Check their resources here: **Jumpstart Play Resources**





2. For children with disabilities, toys that look like them!

A few years ago, Anna Maria Civitella came to a realization: Children with disabilities didn't often see themselves reflected in the toys they played with. No dolls with hearing aids, no teddy bears with feeding tubes, no action figures with leg braces.

"They say that somebody made a toy that looks like you because you matter," she says.



Read the full story here:

Toys that look like them

3. Active Community Challenge

Join CP Kids and Families in the 2023 Walk & Roll Alberta - Active Community Challenge!

Whether you prefer walking, rolling, riding, or running, your participation can make a difference in raising awareness and contributing to CP Kids & Families' distance record in this physical activity initiative.

For more information:

Active Community Challenge





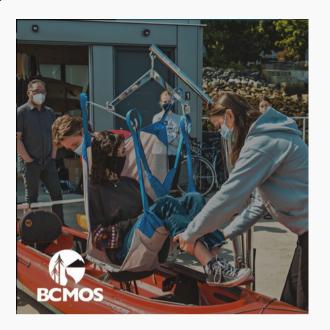
4. BCMOS Adaptive Paddling Program

BCMOS is striving to make the outdoors accessible for everyone!

Their paddling program uses specially adapted equipment - accessible kayaks and wheelchair paddleboards. They have a lift on the dock to handle transfers, or you can self-transfer via a board, after which you will be launched into the water.

Learn more at:

BCMOS Adaptive Paddling Program



5. Golf Tournament

It's the most wonderful time of the year!

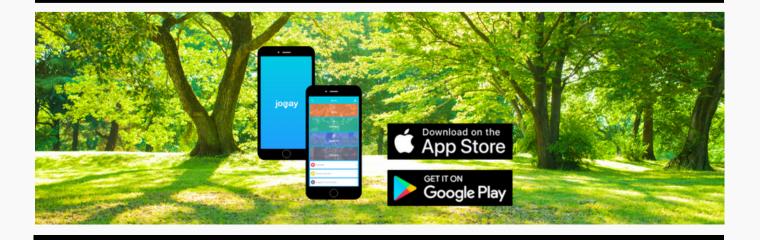
Registration is now open to all for the 2023 Habilitas Foundation Golf Tournament in support of Camp Massawippi.

Last year was sold out, so don't delay.

Register here:

Golf Tournament





6. Accessible Chair Yoga Zoom Sessions

Join Bobbie Seale-Cobiskey for a 1hr Accessible Chair Yoga session every Wednesday at noon PT.

This accessible Chair Yoga class will weave together practical breathing techniques with sensitively taught yoga postures and movements to meet the needs of all participants.

Register on Zoom



Adaptive Chair Yoga with Bobbie Seale-Cobiskey





7. May 18th is Global Accessibility Awareness Day!

This annual event helps drive awareness about the importance of digital accessibility and promotes inclusion for people with disabilities in the digital world.

In honour of <u>#GAAD</u>, The Rick Hansen Foundation's Digital Accessibility Specialist, Laetitia, is helping you break down digital barriers; one click at a time

To learn more and find out how you can support digital inclusion <u>click here!</u>





JOOAY APP UPDATES

BE SURE TO DOWNLOAD OUR UPGRADED ANDROID VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR NEW FEATURES.

BE SURE TO CHECK OUT THE 'ONLINE'

ACTIVITIES TAB!



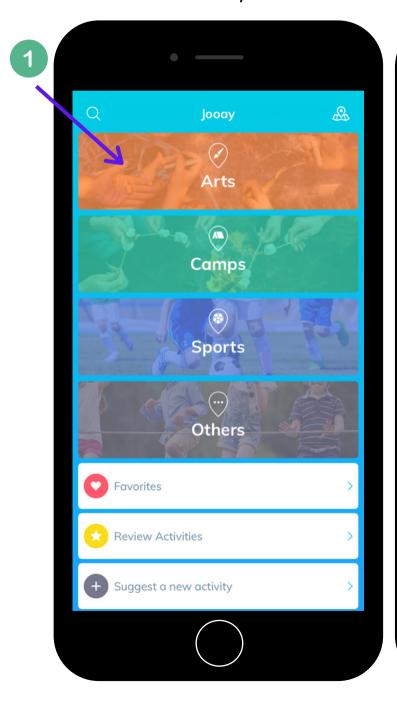
THE UPGRADED ANDROID VERSION OF THE JOOAY APP

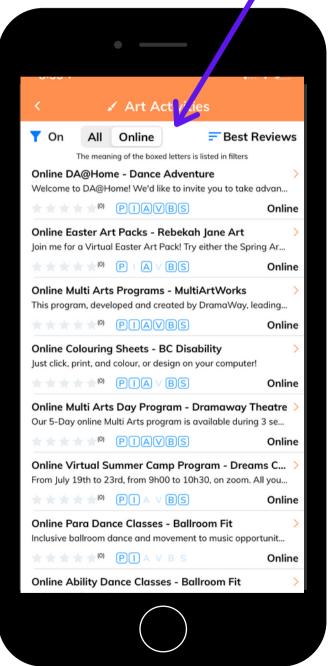
HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

- 1. Select an option among the activity' categories
- 2. Select the 'Online' Tab to have access to virtual activities
- 3. Choose the activity that's of interest to you!





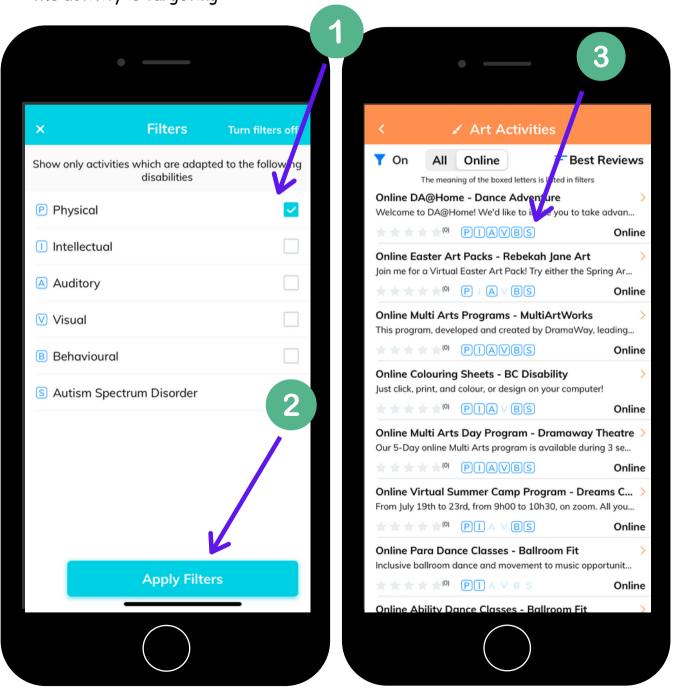
THE UPGRADED ANDROID VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"
 OR
- 3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting



JOOAY COMMUNITY

May is Speech & Hearing Month in Canada!

Each year, Speech-Language & Audiology Canada (SAC) dedicates the month of May to raising public awareness about communication health.

The theme for this year is "Connecting Through Communication. S-LPs and audiologists empower you."

To check resources visit this webpage: Speech-Language & Audiology Canada



If you have any suggestions for our newsletter please let us know! contact: jooay@childhooddisability.ca

SOCIAL MEDIA Follow us!





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Join the Jooay Community Connecting to Play Facebook Group!



https://www.facebook.com/groups/JooayCommunity

