CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

August 2023

Vol. 26

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<u>https://jooay.com/</u>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

1. Sensory Friendly Cinema: Hamilton, ON

Come to the Westdale Cinema in Hamilton, ON, for their sensoryfriendly movies. During these designated times, the lights are dimmed, and the volume is lowered to create a comfortable experience. There is Open Captioning for deaf or hard-of-hearing movie-goers.



Check out their link here: <u>The Westdale Cinema</u>



2. "Wrinkle in Time" - Relaxed Performance: Stratford, ON

Join Autism Ontario on August 23rd for a relaxed performance of A Wrinkle in Time at the Stratford Festival.

Relaxed performance includes:

- A relaxed attitude to noise and movement.
- Minor changes in production to reduce intense light, sound, and startling effects.
- A 5-7 minute pre-show talk introducing characters and actors.
- A quiet space for anyone needing a break

To learn more about the event, visit: Austim Ontario



3. We Rock The Spectrum - Kid's Gym: Oakville, ON

Live close to Oakville, ON?

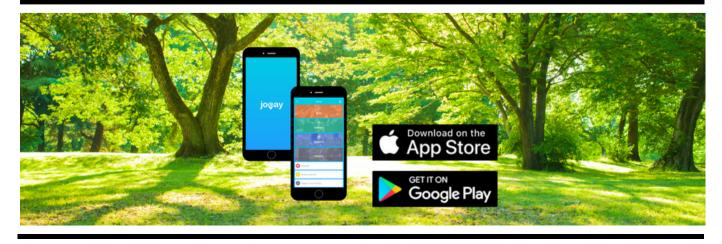
Come discover We Rock The Spectrum's gym for all kids, designed specifically with special needs families in mind.

Their gym includes:

Suspended equipment with swings, crash mats and crash pillows, a zipline, indoor play structures, sensory-based toys and equipment, and fine motor and arts and crafts area



To learn more, visit: <u>We Rock The Spectrum</u>



4. Blind Hockey – Mississauga, ON

The 2023 Canadian Blind Hockey Summer Development camp is taking place in Mississauga Ontario. It will feature over 50 Blind Hockey players who will focus on developing their skills to continue playing this great sport!

Attend this free event at the Iceland Arena, 705 Matheson Blvd E, Mississauga.

Saturday, August 19: 2:45 pm-4:15 pm: Development Showcase Game 4:15 pm-6:15 pm: High-Performance Showcase Game



Click <u>here</u> to register

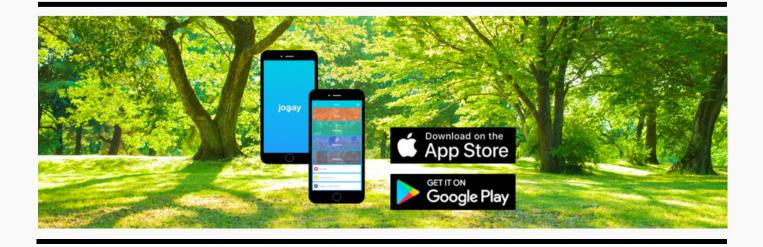
5. Addapted Hiking with BCMOS - BC

There's still time to book a hike with BCMOS before the end of our summer season! (Aug. 31st)

Explore a variety of trails using the TrailRider with their awesome team of staff and volunteers.

To book a hike, <u>Click here</u>





6. Actions Speak Louder than Words - Calgary, AB

Thursday, August 31 from 4:30 - 5:30 p.m. is Actions Speak Louder than Words, a fun and engaging session that will share great tips and strategies for learning to interpret body language and read social cues.

This session is FREE and offered in-person at The Ability Hub or virtually via Sinneave Connects, - an online learning portal. (You will need a free account to access Sinneave Connects.)

To learn more, <u>click here</u>

7. Berry Picking

With August being the season of strawberries, blueberries, and other summer berries and fruits, check out the farms in your area and go berry picking! Not only is this activity perfect for the whole family, but guaranteed there will be snacks on hand!

<u>Check out this article listing berry</u> <u>picking farms across Canada</u>







BE SURE TO DOWNLOAD OUR UPGRADED ANDROID VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR NEW FEATURES.

> BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES TAB!



THE UPGRADED ANDROID VERSION OF THE JOOAY APP

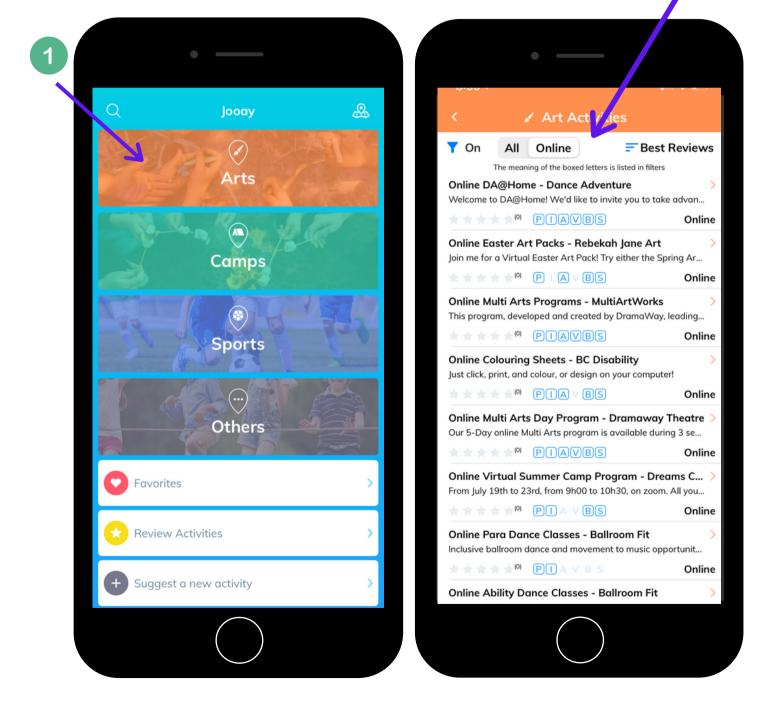
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HOW TO GET THE MOST OUT OF THE JOOAY APP?

Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

- 1. Select an option among the activity' categories
- 2. Select the 'Online' Tab to have access to virtual activities
- 3. Choose the activity that's of interest to you!



THE UPGRADED ANDROID VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP? Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting

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August is Family Fun Month!

August is Family Fun Month and what better way to celebrate then to...have fun with your family! Whether it be going on picnics, evening strolls, or other family excursions, there is no better way to spend the end of the summer than with your loved ones!



SOCIAL MEDIA

Join the Jooay Community Connecting to Play Facebook Group!

https://www.facebook.com/groups/JooayCommunity