# CONNECTING YOU TO PLAY: JOOAY

# Jooay App Monthly Newsletter

Vol. 28

### ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<u>https://jooay.com/</u>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

# **ACTIVITIES**

# 1. Make Halloween more accessible

All you need to do is take a few simple steps and you'll be set up with a trick-or-treating station that every child can enjoy!

Find tips to make your Halloween more accessible and inclusive on **treataccessibility.com** 





# 2. A more inclusive and accessible BC for all

Everyone who wants to know how the government is making BC more accessible can find updates on a <u>new webpage</u>, and subscribe for email updates. You will find information on the Accessible B.C. Act, and you can give your feedback.

# 3. Accessibility for adolescents with CP

What are the factors that adolescents with cerebral palsy perceive as important for their quality of life? Accessibility is one of them!

Click on the link below to learn about the other factors:

#### **Childhooddisability LINK**



A more inclusive and accessible BC for all



# 4. Farm-A-Palooza!

Join Niagara Children's Center at Farm-A-Palooza!

They are partnering with the Young Caregivers Association on this experience designed to support siblings of children/youth with disabilities.

The event features four accessible stations including working with horses, spending time with different farm animals and more!

Register by email to chrissys@youngcaregivers.ca

# 5. MOVE Programs, GoodLife Kids

MOVE by GoodLife Kids Program is offered yearround in a variety of options to reach more youth with autism and intellectual disabilities across Canada.

As a MOVE Participant, you'll be part of a small group (class) of youth. Small groups allow the MOVE Coach to engage with each participant, ensuring individual goals and needs are met.

#### Click here to learn more







# 6. Abilities Centre

Abilities Centre offers Sports and Recreation Programs to promote physical literacy development and provide opportunities for members to be active for life!

To learn more, click here

# 7. Autism Asperger's Friendship Society (AAFS)

AAFS offers two programs:

- 1. "Critter Club" (Starts Nov 6th), where members learn how to care for animals.
- 2. "Adaptive Gymnastics" (Starts Nov 3rd) where members will run, flip, and tumble their way through new skills!

Click here to learn more about their programs



AAFS Cochrane Specialized Programs!

Critter Club - Monday Evenings Starting November 6th (6:00pm - 7:00pm). A 5 week program where the group learns how to care for animals.

> Adaptive Gymnastics - Friday Evenings Starting November 3rd (6:30pm - 7:30pm) A 6 week program where members will run, flip and tumble their way through new skills.

Please contact Kelsey with any questions - kelsey@aafscalgary.com





# BE SURE TO DOWNLOAD OUR UPGRADED ANDROID VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR NEW FEATURES.

BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES TAB!



## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

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# HOW TO GET THE MOST OUT OF THE JOOAY APP?

# Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

- 1. Select an option among the activity' categories
- 2. Select the 'Online' Tab to have access to virtual activities
- 3. Choose the activity that's of interest to you!



### THE UPGRADED ANDROID VERSION OF THE JOOAY APP

# HOW TO GET THE MOST OUT OF THE JOOAY APP? Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting

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× Filter	S Turn filters off	< 🖌 Art Activities
Show only activities which are disabiliti		On All Online Best Reviews     The meaning of the boxed letters is tred in filters
P Physical		Online DA@Home - Dance Adventure > Welcome to DA@Home! We'd like to it the you to take advan
		<sup>(0)</sup> PIAVBS Online
		Online Easter Art Packs - Rebekah Jane Art Join me for a Virtual Easter Art Pack! Try either the Spring Ar
Auditory		Online Online
Visual		Online Multi Arts Programs - MultiArtWorks > This program, developed and created by DramaWay, leading
Behavioural		<sup>(0)</sup> PIAVBS Online
S Autism Spectrum Disor	der	Online Colouring Sheets - BC Disability Just click, print, and colour, or design on your computer!
	(2)	Conline Online
		Online Multi Arts Day Program - Dramaway Theatre
		Our 5-Day online Multi Arts program is available during 3 se
		Online Virtual Summer Camp Program - Dreams C > From July 19th to 23rd, from 9h00 to 10h30, on zoom. All you
		Online Online
		Online Para Dance Classes - Ballroom Fit
Apply	Filters	Online Online
		Online Ability Dance Classes - Ballroom Fit

# World Cerebral Palsy Day

October 6 marks World Cerebral Palsy Day. We ask people worldwide to come together to celebrate and support those living with CP, embrace diversity and help create a more accessible future for everyone.

World Cerebral Palsy Day is a movement of people with Cerebral Palsy and their families and the organizations that support them in more than 75 countries. Our vision is to ensure that children and adults with Cerebral Palsy (CP) have the same rights, access and opportunities as anyone else in our society. It is only together that we can make that happen. <u>https://worldcpday.org/</u>



