

# CONNECTING YOU TO PLAY: JOOAY

## Jooay App Monthly Newsletter

November 2023

Vol. 29

### ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

### ACTIVITIES

#### 1. Niagara Children's Centre, Ontario

Niagara Children's Centre offers a full of FREE events for children, youth, and their families to receive information, education, and support as well as opportunities to connect with others with shared experiences.

Find more information [here](#)



## 2. Online Workshop, Giant Steps

Join Giant Steps for an enriching and inclusive online workshop that explores the transformative potential of Forest School and outdoor play for autistic and neurodiverse youth, *"Autism Outdoors: Neuro-Inclusion in Outdoor Play and Forest School"* (workshop in English), offered by Seiun Thomas Henderson.



Register [here](#)

## 3. Vecova, Alberta

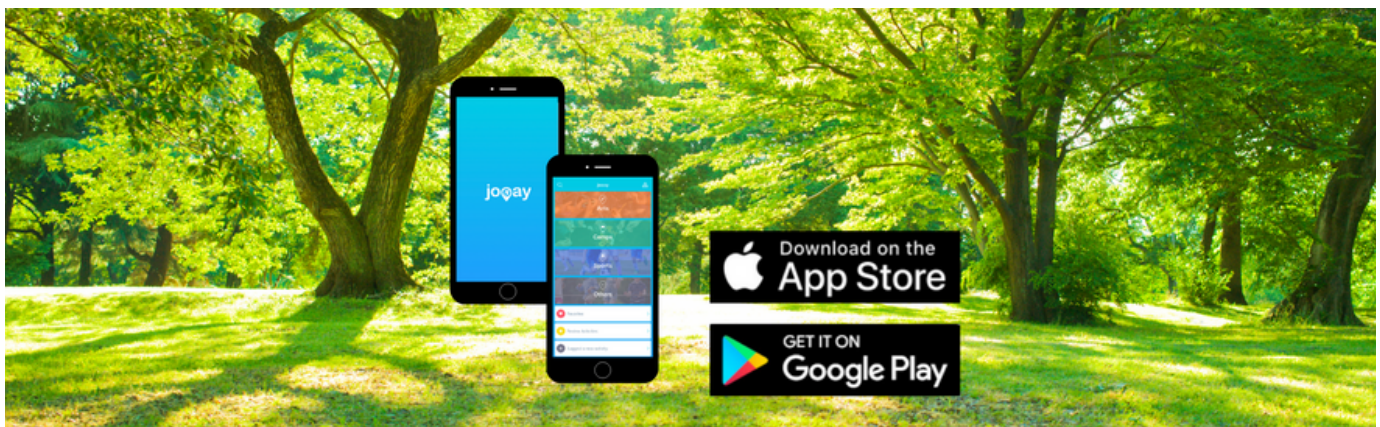
Registration for VECOVA's January and February programs!

They offer tons of specialty programs at Vecova:

- Adapted Sports All Ability Programs
- Aqua Mobility & Dryland Gentle Fitness
- Coffee & Chat
- Early Stage Dementia Program
- Warm water swimming lessons
- Mom & baby classes



More information on their [website](#)!





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## 4. Weekly Adaptive Fitness, Online

Add some movement to your routine with weekly Adaptive Fitness with Sierra Roth on Thursdays at noon! Sierra hopes to pass her knowledge and passion on to others so they can live a happy and healthy life!

Register on [\*\*Zoom\*\*](#)



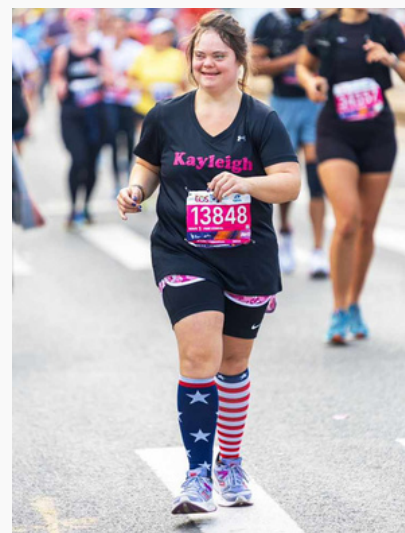
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## 5. Kayleigh Williamson finishes New York City Marathon

Kayleigh Williamson becomes one of the first women with Down syndrome to run a marathon at the New York City Marathon!

Read more about Kayleigh [\*\*here\*\*](#)

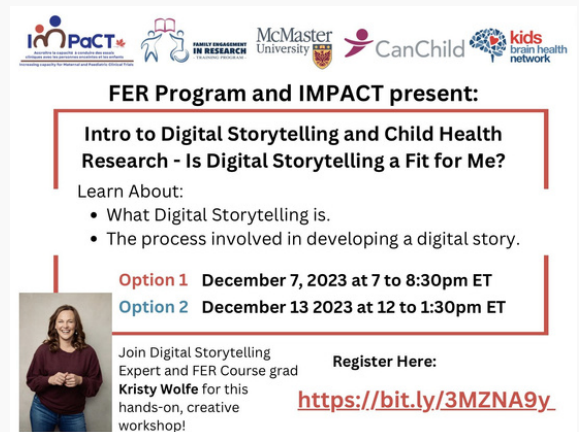
Watch the video [\*\*here\*\*](#)



## 6. Digital Storytelling, Online

Dive into a world where stories leap off the screen, blending technology and narrative to share scientific knowledge with lived experience in health research and healthcare!

To register, [click here](https://bit.ly/3MZNA9y)



FER Program and IMPACT present:

**Intro to Digital Storytelling and Child Health Research - Is Digital Storytelling a Fit for Me?**

Learn About:

- What Digital Storytelling is.
- The process involved in developing a digital story.

**Option 1** December 7, 2023 at 7 to 8:30pm ET  
**Option 2** December 13 2023 at 12 to 1:30pm ET

Join Digital Storytelling  
Expert and FER Course grad  
**Kristy Wolfe** for this  
hands-on, creative  
workshop!

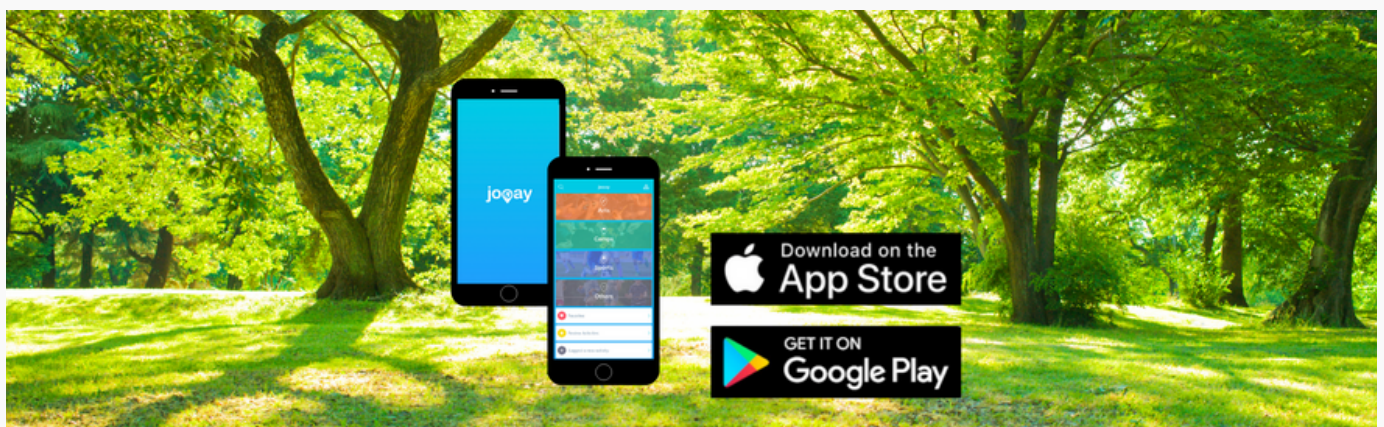
**Register Here:**  
<https://bit.ly/3MZNA9y>

## 7. Canadian Adaptative Snowsports (CADS), Online

CADS offers an online 90-minute interactive training called “Countdown” which is designed to provide ski & snowboard instructors and parents with practical and inclusive tools and strategies to help create positive experiences for participants of diverse learning abilities.



Click [here](#) to learn more about this program





# JOOAY APP UPDATES

BE SURE TO DOWNLOAD OUR UPGRADED ANDROID  
VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR  
NEW FEATURES.

BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES TAB!

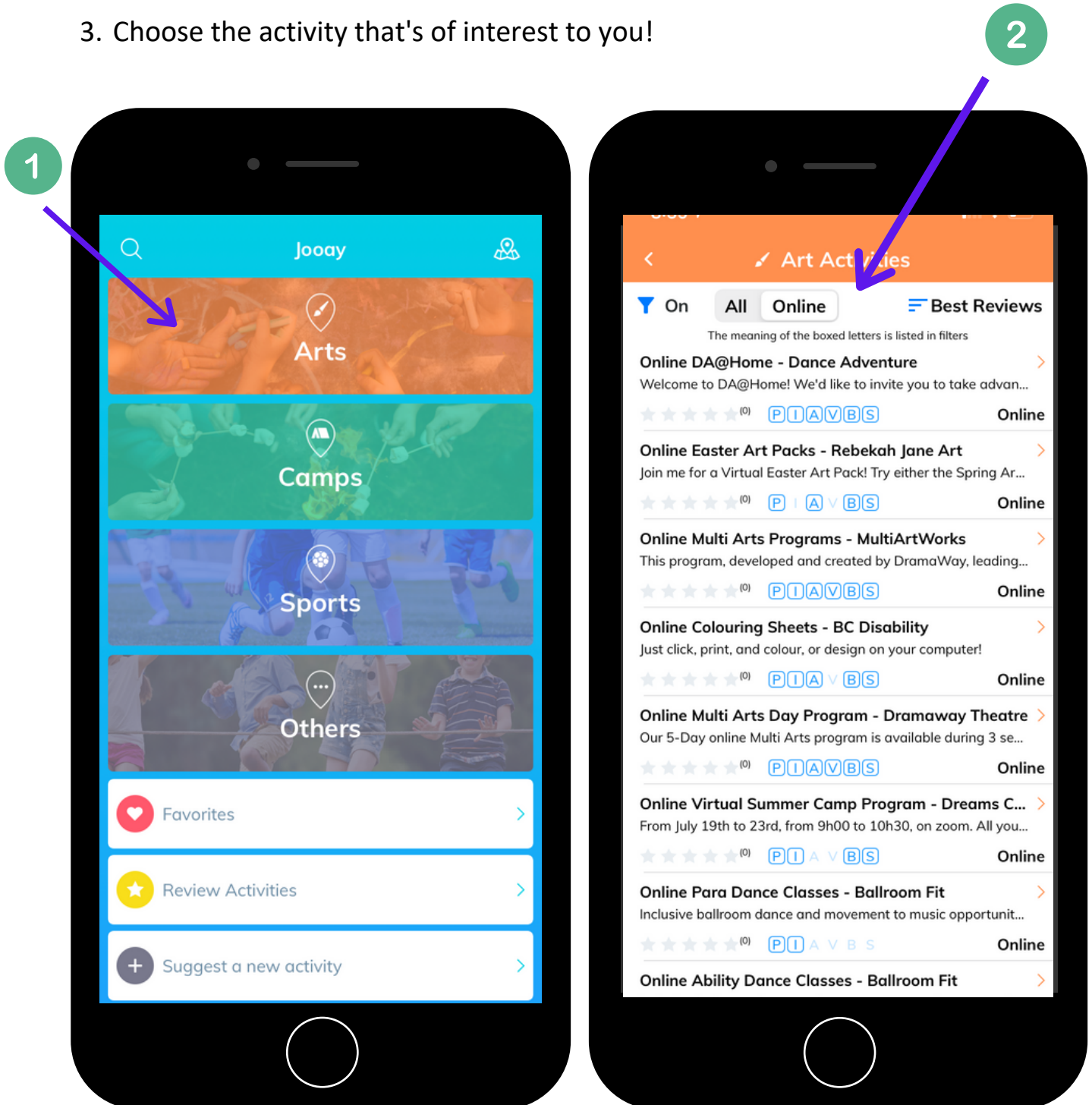


### HOW TO GET THE MOST OUT OF THE JOOAY APP?

#### Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooy app ...

1. Select an option among the activity' categories
2. Select the 'Online' Tab to have access to virtual activities
3. Choose the activity that's of interest to you!



## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

### HOW TO GET THE MOST OUT OF THE JOOAY APP?

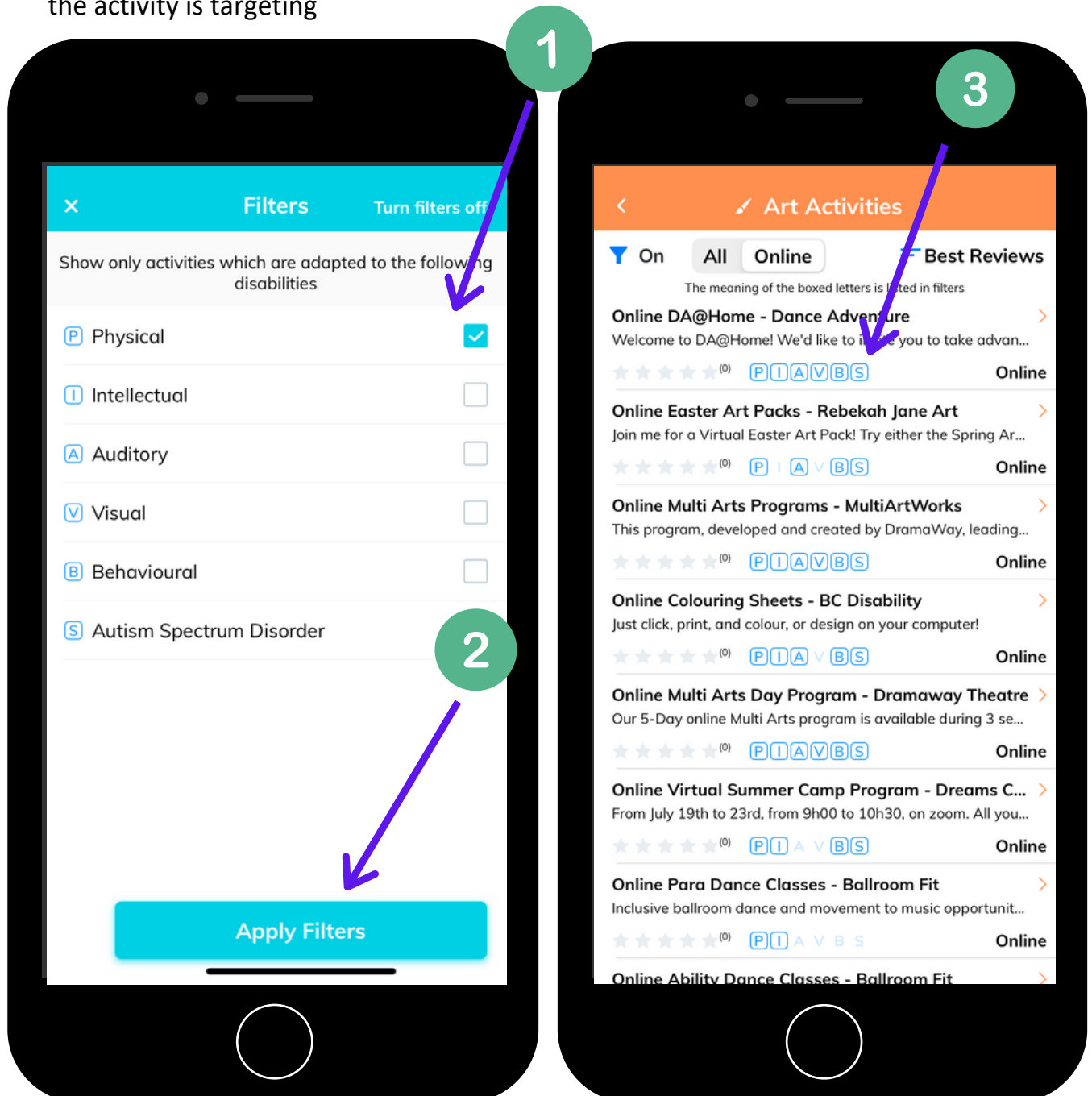
#### Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting





# Indigenous Disability Awareness Month

It's Indigenous Disability Awareness Month. Did you know that the rate of disability among Indigenous peoples in Canada is substantially higher than the general population? Nearly one in 3 Indigenous people live with a disability vs. one in 5 for the general population.

November is Indigenous Disability Awareness Month, a time to celebrate the achievements and valuable social, economic and cultural contributions made by Indigenous persons with disabilities in Canada.

Read more [here](#)

If you have any suggestions for our newsletter please let us know!

contact: [jooay@childhooddisability.ca](mailto:jooay@childhooddisability.ca)

SOCIAL MEDIA

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