# CONNECTING YOU TO PLAY: JOOAY

# Jooay App Monthly Newsletter

Vol. 31

#### ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<u>https://jooay.com/</u>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

# **ACTIVITIES**

# 1. Board Game Night - Autism Awareness UCalgary

If you enjoy playing board games and hanging out with a great group, you can join the fun! Wednesday, January 24, 2024, from 5:30-7:00 p.m. in the café area at the Child Development Centre. (3820 24th Avenue NW)

If you are planning to attend, please email your RSVP to autismawarenessucalgary@gmail.com



Wed. January 24, 2024 5:30 - 7:00 p.m. @ Child Development Centre



# 2. Power Soccer - SportAbility

Find the latest Power Soccer winter program times on the SportAbility website. The field is calling, and we're ready for some electrifying matches.

Find a program here: **Power Soccer** 



# 3. Creative Writing Classes - Connectra Society

Join author Emily Gillespie on Tuesdays from 4 -5 PM PT for a weekly creative writing class for short lessons, followed by writing prompts to get your pen or keyboard moving. This class suits new and emerging writers and anyone who just wants to get creative

## Register Here: Creative Writing Classes



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Creative Writing With Emily Gillespie ConnecTra



# 4. Art of Parenting

If you are an autistic parent, OR if you are the parent of an autistic child(ren)you are invited to join us for an Art of Parenting with Autism session **Thursday, January 25 from 10 - 11 a.m. Online via Sinneave Connects.** 

Each Art of Parenting session focuses on different aspects of parenting through the lens of being autistic and/or parenting autistic children and intends to educate, empower and encourage parents on their journey, as well as create a safe community of ongoing support.



#### To learn more, click here!

## 5. Inclusion Inversée

Imagine a world where we don't have to think of "how to" include anyone, but rather things are built for everyone. The community and Jooay aim to help!

#### Read more about the movement here!





# 6. Qi Adventure Club

The Qi AC offers inclusive adventurebased programs for people of all abilities and special needs to create their awesome and enjoy activities in and around Edmonton.

### Click here to learn more!

i Creative presents



#### Inclusive adventure & activity programs

Quest adventures take place over a few hours and up to a full day.

Odyssey adventures are designed to lear a particular skill over multiple sessions.

# 2024 46TH ANNUAL SKI & SNOWBOARD FESTIVAL - CANADIAN ADAPTIVE SNOWSPORTS

This is a week of inclusion, fun and freedom for people living with disabilities across Canada to participate in Skiing and Snowboarding that is tailored to their specific needs.

During this week of adaptive skiing & snowboarding there is ski & snowboard improvement lessons for all levels, race training, camaraderie, fun & games, and other on-snow activities



#### Learn more here!



# BE SURE TO DOWNLOAD OUR UPGRADED ANDROID VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR NEW FEATURES.

BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES TAB!



## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

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# HOW TO GET THE MOST OUT OF THE JOOAY APP?

# Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

- 1. Select an option among the activity' categories
- 2. Select the 'Online' Tab to have access to virtual activities
- 3. Choose the activity that's of interest to you!



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## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

# HOW TO GET THE MOST OUT OF THE JOOAY APP? Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting

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# JOOAY COMMUNITY



If you have any suggestions for our newsletter please let us know! contact: jooay@childhooddisability.ca



