# CONNECTING YOU TO PLAY: JOOAY

## Jooay App Monthly Newsletter

Vol. 32

#### ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<u>https://jooay.com/</u>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

## **ACTIVITIES**

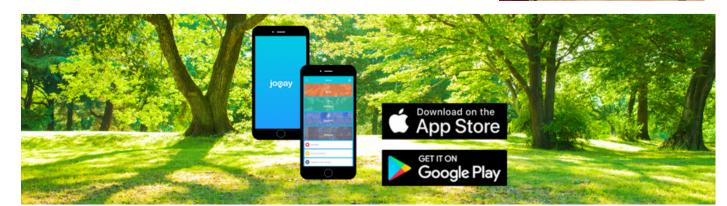
## 1. Skill Builder Program

Trico Centre offers a ton of neat Skill Builder programs for all kids, including kids with disabilities!

These programs include non-competitive sports, fine motor skill programs, and programs which boost wellness and self-esteem. These programs introduce support strategies based on individual needs and abilities and offer extra time to learn and develop skills.

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#### Check out their spring programs here!



## 2. Splash Time

SPLASH TIME is designed to provide aquatic therapy under the direction of a kinesiologist and aqua therapist, with the support of volunteers. This 6-week program will be hosted at a warm water pool to increase the benefits of aqua therapy.

#### **Register here**



## 3. Embrace Summer Camps

Embrace is an organization that provides performing arts-based day camps for people of all abilities. They offer programs for children, teenagers, and adults.

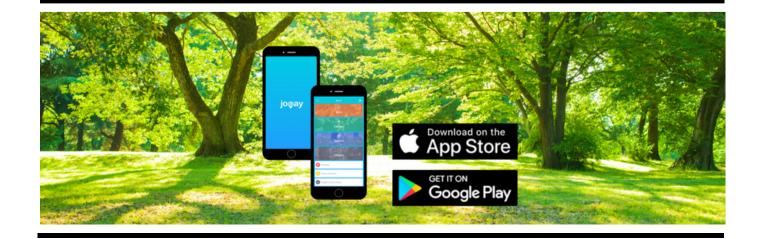
## If you are interested in learning more click here!



#### Registration is officially open!

For more details check out: www.embracearts.org/camps





## 4. Behaviour Support Service Spring Sessions

Registration for Spring Behaviour Support Sessions is now open!

Contact GPS@kidsability.ca or call 519-886-8886 to reserve your spot. Registration is subject to eligibility and availability.



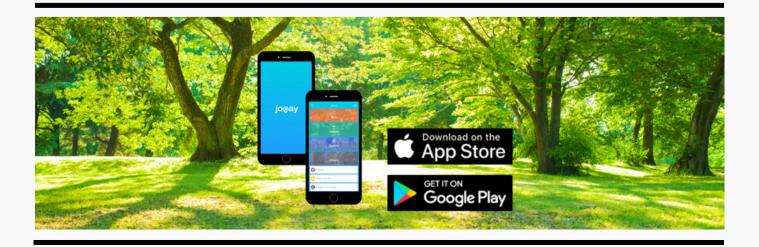
## 5. Learning Through Play

These are some interesting insights from three child development experts who unanimously believe that children learn most effectively through play.

#### Read the full paper here!



WHY IS IS SO IMPORTANT?



## 6. Paralympic Perspectives Webinar

Save the Date! Attend an inspiring webinar on the Importance of Inclusion in Sport and at School.

Featuring Paralympians Hon. Carla Qualtrough and Josh Vander Vies, with moderator and RHF Ambassador Bean Gill.

Let's make sports and schools inclusive for all! **Register here!** 



#### 7. Special Needs Soccer Program

This groundbreaking program is now fully recovered post-pandemic.

Learn more at <u>www.fedssoccer.ca</u>. Contact at specialneedssoccer@outlook.com.



Soccer program for our special needs community!

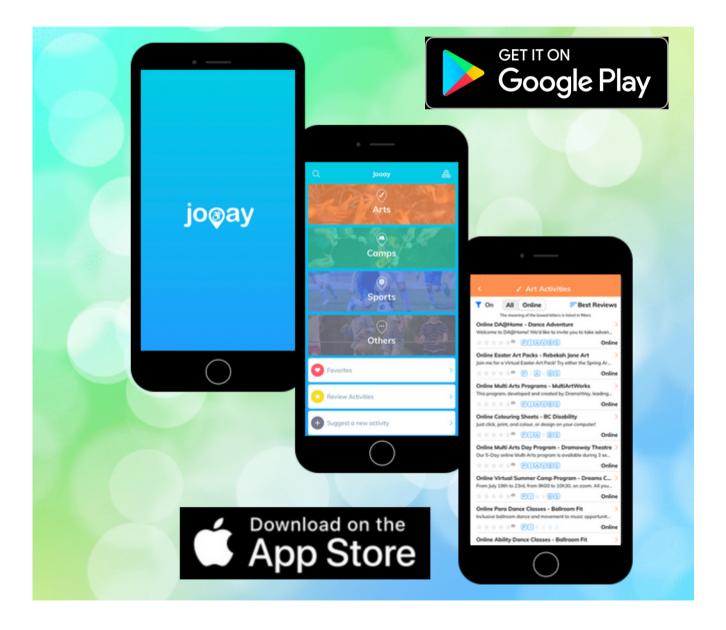
- Ages 12 to 65+ years old
- Basic soccer training
  Soccer games
- Be a part of a team
- Get exercise
- Players develop at their own pace
- Jerseys, shorts, socks provided
- We have space for 40 players
- 12 years in our community
  Great social interactivity
- Lots of fun
- Make new friends
- Program adjusts to player's needs
- Have a lot of fun
- Cost is \$166 for the season
  Registration opens Feb 15



## BE SURE TO DOWNLOAD OUR UPGRADED ANDROID VERSION OF THE JOOAY APP!

FIND IT TODAY ON THE PLAY STORE & DISCOVER OUR NEW FEATURES.

BE SURE TO CHECK OUT THE 'ONLINE' ACTIVITIES TAB!



## THE UPGRADED ANDROID VERSION OF THE JOOAY APP

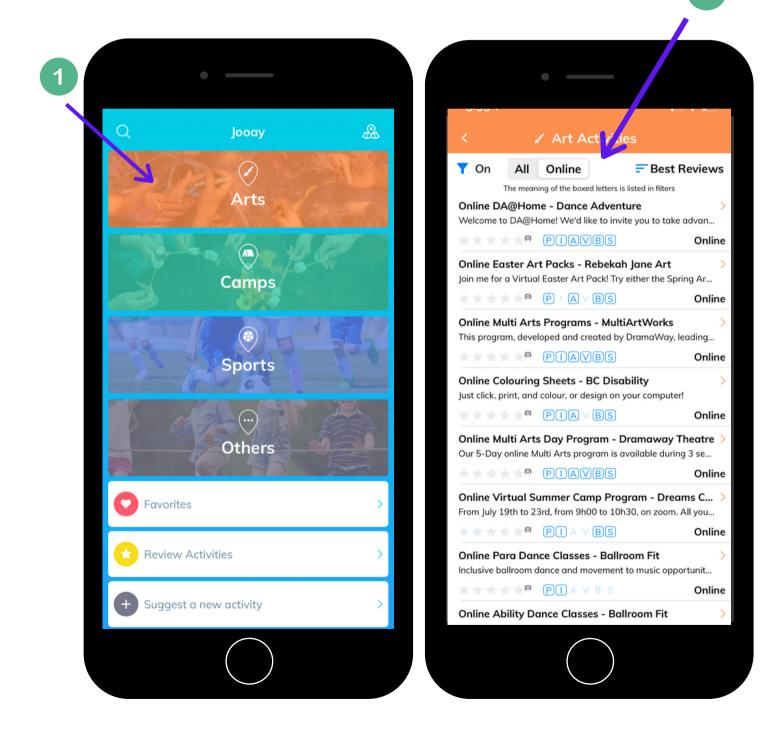
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## HOW TO GET THE MOST OUT OF THE JOOAY APP?

## Tip #1: SEARCHING FOR ONLINE ACTIVITIES

When viewing an activity in the Jooay app ...

- 1. Select an option among the activity' categories
- 2. Select the 'Online' Tab to have access to virtual activities
- 3. Choose the activity that's of interest to you!



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#### THE UPGRADED ANDROID VERSION OF THE JOOAY APP

## HOW TO GET THE MOST OUT OF THE JOOAY APP? Tip #2: SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting

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## JOOAY COMMUNITY

## International Childhood Cancer Day

February 15th is International Childhood Cancer Day, a global collaborative campaign to raise awareness about childhood cancer and to express support for children and adolescents with cancer, their survivors, and their families. The International Childhood Cancer Organization encourages us to raise our voices and envision the day when all children and adolescents with cancer benefit from the best possible treatment, care, and support, regardless of where they live in the world.

## Click here for more information.



