CONNECTING



CHILDREN WITH
DISABILITIES
TO PLAY:





The Paralympic Games in Paris will take place from August 28th to September 8th, 2024!

The Paris 2024 Paralympic Games will unfold over twelve days of relentless competition and vibrant camaraderie, and bring together over 4,400 of the globe's most incredible Paralympic athletes.





Did you know?

Pierre de Coubertin, a French educator and reformer, is best known for founding the International Olympic Committee (IOC) and reviving the modern Olympic Games. Famous for the phrase "The important thing in the Olympic Games is not to win, but to take part; the important thing in life is not triumph, but the struggle; the essential thing is not to have conquered but to have fought well." de Coubertin believed in the role of sports in developing both body and mind. Born in Paris in 1863, he was influenced by philosophies emphasizing the educational value of sports. His vision led to the first modern Olympic Games in Athens in 1896, laying the groundwork for a global event symbolizing unity and peace. His impact on sports and international culture endures long after his passing in 1937.



Credit: The <u>original article</u> was summarized by the Jooay team with help from ChatGPT.

Discover Paralympic Sports: Watch and Learn!

We're excited to share a fantastic resource with you! The Paralympic Committee has created an informative video playlist on YouTube that dives into the world of Paralympic sports. Whether you're curious about the rules, the athletes, or just want to learn more about these incredible sports, this playlist has it all. Click the link below and start exploring the inspiring world of Paralympic sports today!



WATCH







Activities

Try a Paralympic sport this Fall! There are 23 sports in the Summer Paralympics. You can give many of these sports a try through activities listed on jogay

1.Para Swimming

Para swimming features athletes with physical, visual, and intellectual impairments. Events are the freestyle, backstroke, breaststroke, butterfly, individual medley, and relays (click here to learn pore about Para swimming).



Find a paralympic sport near you with

The Wilmot Swim Club in Baden, Ontario encourages individuals to develop at different levels of swimming performances and enjoyment based on the swimmer's ability and level. They will be entered at a level where they will develop their skills and continue to improve the four swim strokes!

LEARN MORE

2. Boccia

Boccia is a game of precision and intense focus. The players propel leather balls (six per competitor) as close as possible to a white target ball (called the "jack") on a long, narrow field of play (click here to learn more about Boccia).

Easter Seals Boccia Programs in Newfoundland and
Labrador focus on all levels of play, from introducing our
athletes to the sport to allowing them to play recreationally
and providing a space for competitive practices.



LEARN MORE







3. Wheelchair Basketball

Wheelchair basketball is one of the most exciting events at the Paralympic games, it takes the thrilling game of basketball and throws it on wheels (click here to learn more about wheelchair basketball)!



At Centre d'intégration à la vie active (CIVA) in Quebec, they have 5 teams registered in the provincial league at the 4 levels of competition (A, AA, AAA and Mini) as well as a recreational team. The players are stimulated to develop their physical skills and their team spirit.

LEARN MORE

4. Para Rowing

Para rowing (also known as adaptive rowing) provides athletes with a physical, sensory or intellectual disability the opportunity to be active on the water, get involved in a fun and friendly club environment, and participate in a variety of competitions. (click here to learn more about para



sport near you with

The Gorge Narrows Rowing Club in Victoria, British Columbia can help you get started and set goals for your rowing, whether you are interested in being recreational or competitive.

LEARN MORE



Find a paralympic

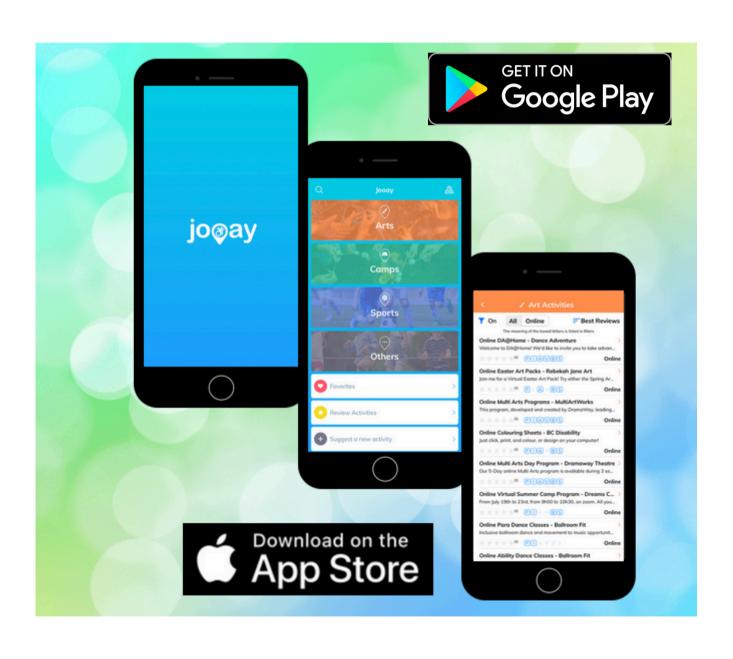
rowing).





HAVE YOU DOWNLOADED OUR UPGRADED VERSION OF THE JOOAY APP?!

FIND IT TODAY ON THE APP STORE AND GOOGLE PLAY & DISCOVER OUR NEW FEATURES.



THE UPGRADED VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

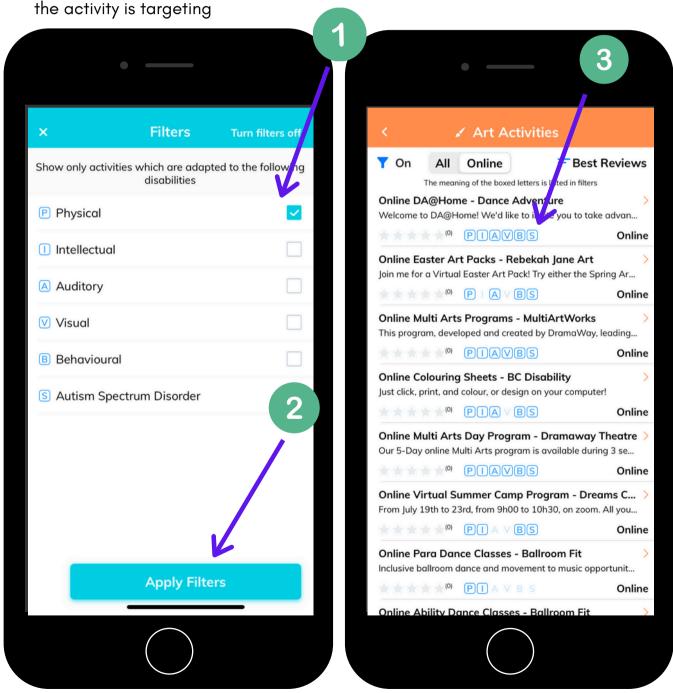
SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooay app ...

- 1. Select the filter of your choice
- 2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability

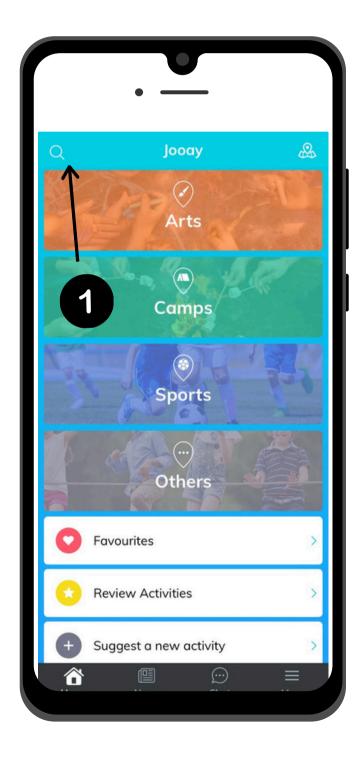


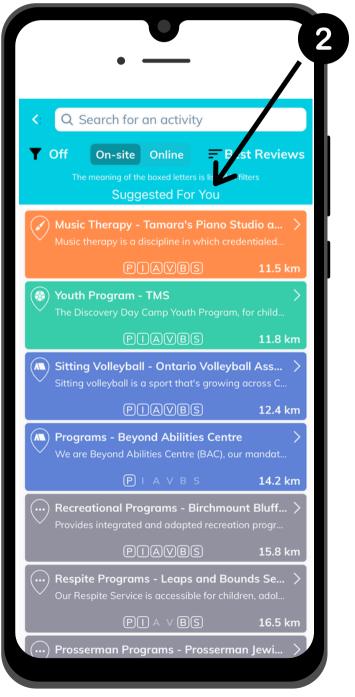
SUGGESTED FOR YOU

When viewing the new suggested activities

- 1. Click on the "Search" icon
- 2. Suggested activities will pop up under the search bar







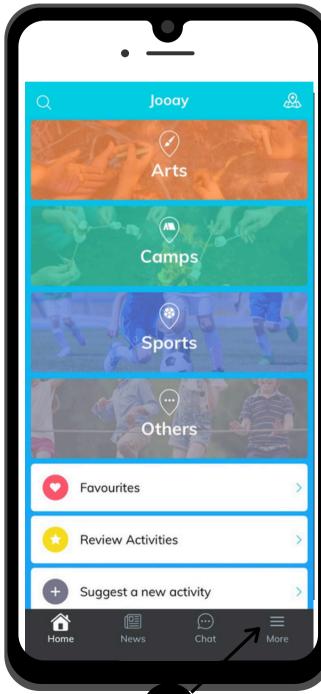
Stay JUNED

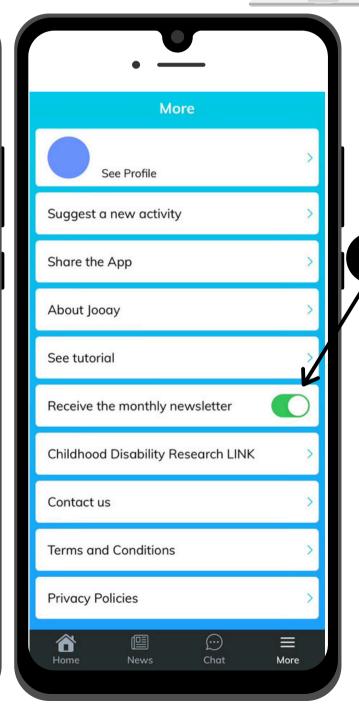
RECEIVE THE MONTHLY NEWSLETTER

You can now receive the monthly newsletter which just a click of a button

- 1. Click on the "More" icon on the bottom left of your screen
- 2. Click on the "Receive the monthly newsletter" button
 When it turns green, the newsletter will be sent to your email every month









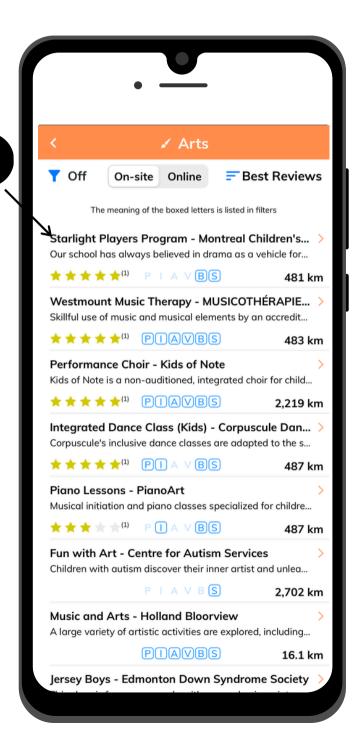


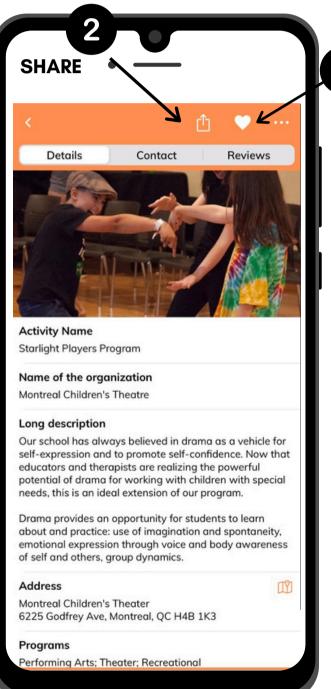
SHARE AND ADD TO YOUR FAVOURITES

You can now share the activities to others and like your favourite activity

- 1. Click on the activity of your choice
- 2.To **share**, click on the top right of the screen on the "Share" icon
- 3. To favourite, click on the heart so you can easily access it in your favourites folder

FAVOURITE





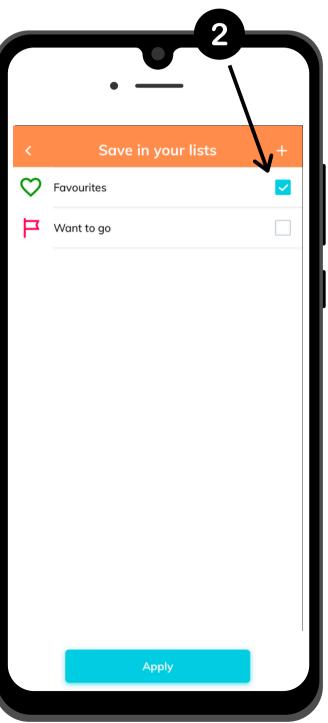
SAVED FOLDER

To add the activities in the bookmarked folder

- 1. Click on the activity of your choice
- 2. Tap on the "Bookmark" icon
- 3. Choose the folder you want the activity to be saved in to create a list of your favourite





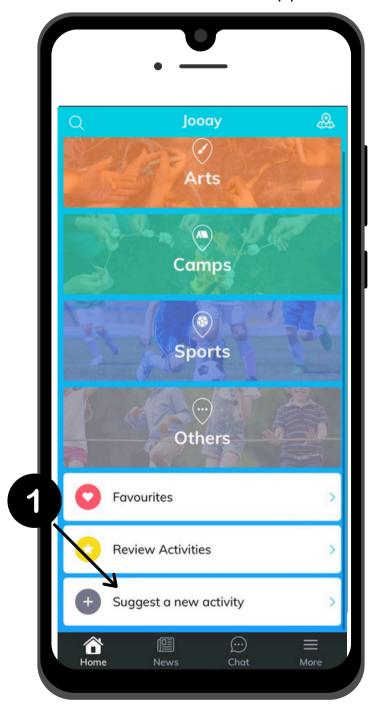


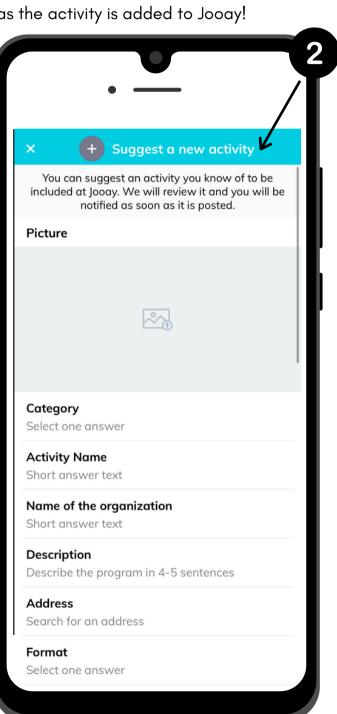
KNOW OF A GREAT INCLUSIVE ACTIVITY? LET US KNOW!

SUGGEST A NEW ACTIVITY

Add your organizations on the Jooay App!

- 1. Click "Suggest a New Activity" on the bottom of the screen
- 2. Fill in the form with the information of the activity
 - --> We will review it and notify you as soon as the activity is added to Jooay!









If you have any suggestions please let us know!

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Join the Jooay Community Connecting to Play Facebook Group! WON

https://www.facebook.com/groups/JooayCommunity

