

CONNECTING YOU TO PLAY: JOOAY

Jooay App Monthly Newsletter

February 2026

Vol. 56

ABOUT THE NEWSLETTER

Welcome to the Jooay newsletter! Jooay is a free mobile and web app (<https://jooay.com/>) that helps children with disabilities and their families locate leisure opportunities that are close to where they live; accessible and inclusive; suit their needs and abilities; match their preferences; and can help them develop and participate in society.

Stay tuned for monthly updates on adapted leisure events and opportunities, as well as updates related to the Jooay App and our community. Let's help children get more involved in leisure together!

ACTIVITIES

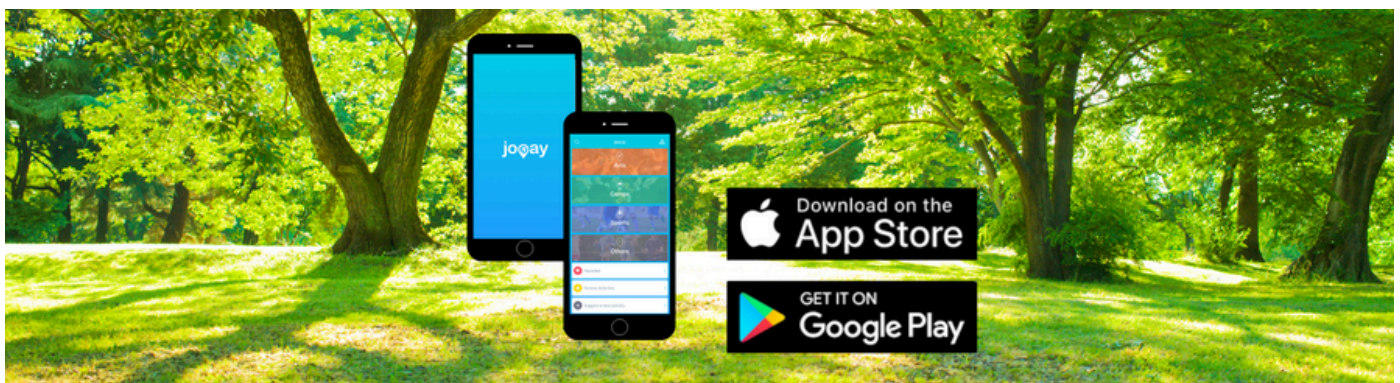
1. Sports adaptés by ARLPH (QC)

Association régionale de loisir pour les personnes handicapées Chaudière-Appalaches (ARLPH) is offering free adapted sport sessions for individuals with physical disabilities. Equipment is provided and coaches support participants throughout.



Sessions run on select Sundays from March to June 2026, from 10:00 to 11:30 a.m. at École secondaire Horizon in Lévis. Open to ages 8 and up.

[Click here to learn more!](#)



2. Pointe-Claire Adapted Soccer Program (QC)

Soccer Pointe-Claire is offering a Special Project Adapted Soccer Program for children ages 4 to 16 with disabilities. The program focuses on fun, confidence, and inclusion in a supportive environment.



Sessions run Mondays from 6:00 to 7:30 p.m., June through September at Parc Beck in Pointe-Claire. The cost is \$100 for the season. Registration is now open!

[Click here to learn more!](#)

3. Camp Trailblazers Summer Camps (Multiple Provinces)

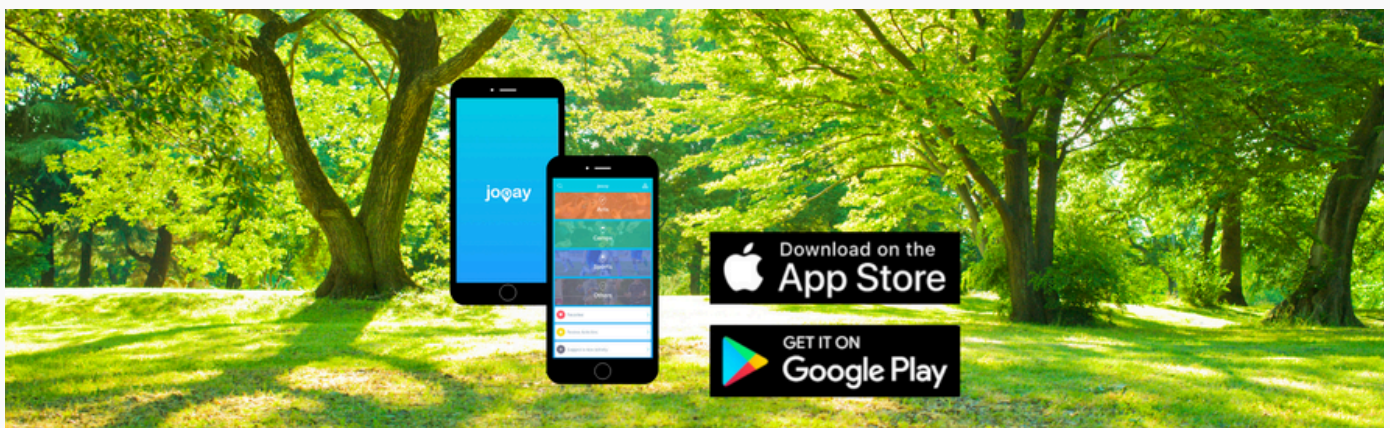
Camp Trailblazers is back for 2026, with registration now open at five partner camp locations across Canada.



A B O U T F A C E[®]

Designed for campers with facial differences, the program offers a supportive space to build confidence, independence, and friendships. Camps run throughout July and August in British Columbia, Alberta, Ontario, Manitoba, and Nova Scotia. Registration is now open!

[Click here to learn more!](#)



4. Canadian Adaptive Climbing Try-It Sessions (ON)

Canadian Adaptive Climbing is hosting three Try-It Sessions this March at True North Climbing Gym. These sessions provide an opportunity to try adaptive climbing and learn more about their therapeutic programming.

Sessions take place March 2 and March 9 from 1:00 to 3:00 p.m. (free to attend), and March 16 from 9:00 to 11:30 a.m., featuring a pediatric session for children with physical barriers to climbing (\$34 day pass).



[Click here to learn more!](#)

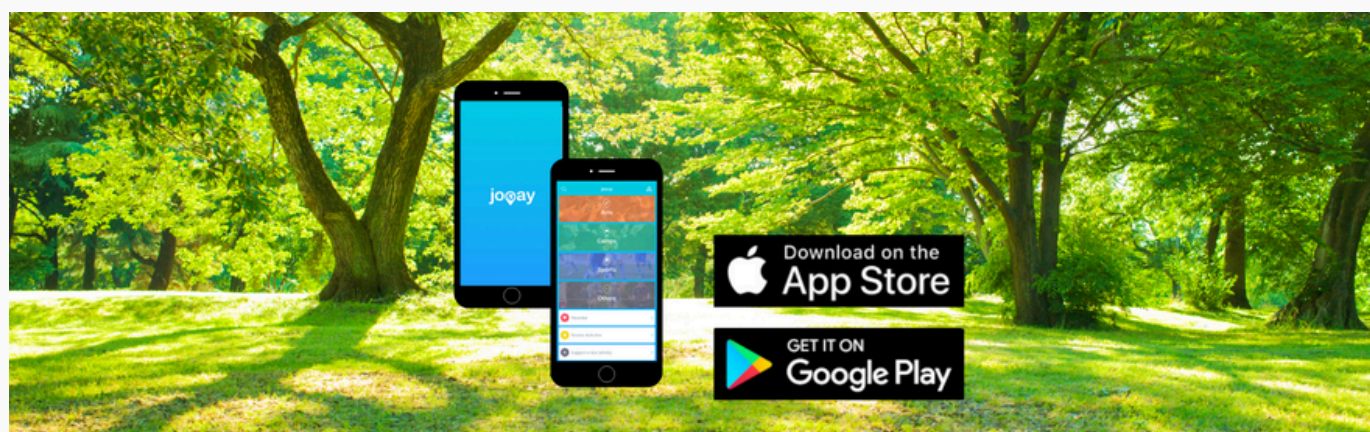
5. Lacrossing Barriers (AB)

Lacrossing Barriers offers adaptive and inclusive lacrosse sessions in Calgary, welcoming participants of all abilities in a safe and supportive environment.



Lacrosse sessions continue throughout March and the following months at the Calgary Soccer Centre, check their website for more details. Participants of all abilities are welcome to join.

[Click here to register!](#)



6. Niagara Regional Boccia Competition (ON)

The Brock Niagara Penguins are hosting the Niagara Regional Boccia Competition as part of the Ontario Regional Boccia Series. This event serves as a qualification opportunity for the Ontario Boccia Championships.

The competition takes place March 21, 2026 at the Walker Sports & Abilities Centre. Registration is \$25.



[Click here to learn more!](#)

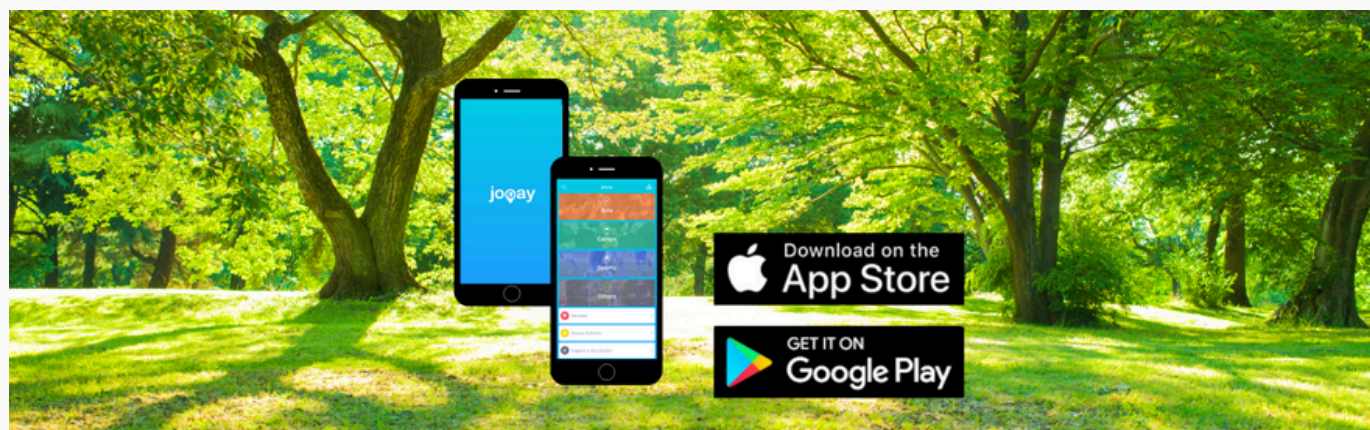
7. CNIB Winnipeg Walking Group (MB)

CNIB Winnipeg offers a Walking Group for individuals who are blind or partially sighted to stay active and practice mobility skills in a supportive environment.



The group meets every Monday (Tuesday on long weekends) from 10:00 to 11:00 a.m. Winter sessions take place at Polo Park, and summer walks begin at CNIB Winnipeg and explore the Wolseley area. Registration is required.

[Click here to register!](#)



JOOAY APP UPDATES

HAVE YOU DOWNLOADED OUR UPGRADED VERSION
OF THE JOOAY APP?!

FIND IT TODAY ON THE APP STORE AND GOOGLE
PLAY & DISCOVER OUR NEW FEATURES.

The advertisement features three smartphones against a green and blue bokeh background. The leftmost phone shows the JOOAY logo on a blue screen. The middle phone displays the app's main menu with categories: Arts, Camps, Sports, and Others, along with options for Favorites, Review Activities, and Suggest a new activity. The rightmost phone shows a list of 'Art Activities' with details for each, including titles like 'Online DA@Home - Dance Adventure' and 'Online Easter Art Packs - Rebekah Jone Art', along with star ratings and 'Online' status. In the top right corner, there is a 'GET IT ON Google Play' button. In the bottom left corner, there is a 'Download on the App Store' button with the Apple logo.

THE UPGRADED VERSION OF THE JOOAY APP

HOW TO GET THE MOST OUT OF THE JOOAY APP?

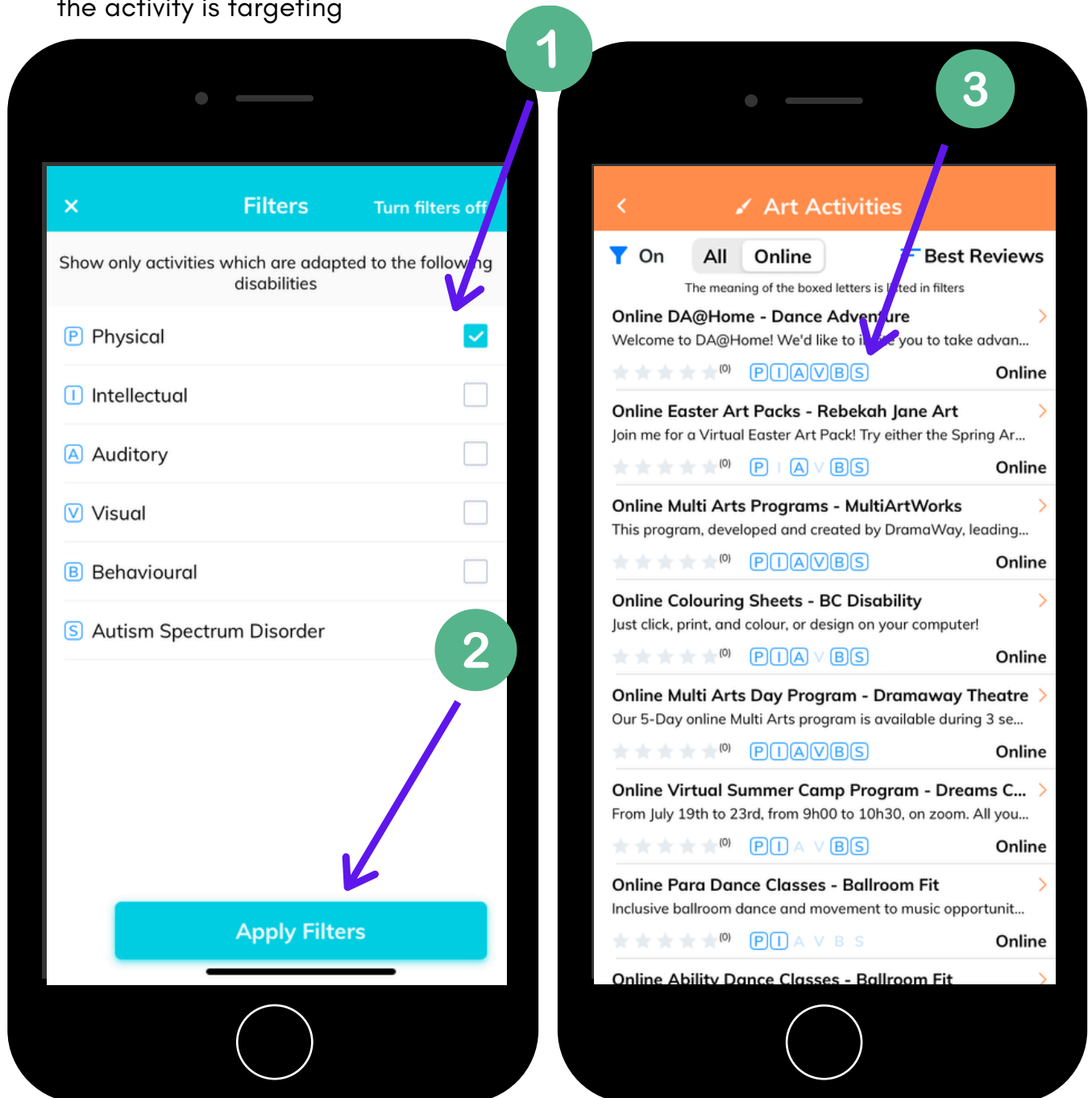
SEARCHING FOR THE TYPE OF SPECIAL NEED

When viewing an activity in the Jooyay app ...

1. Select the filter of your choice
2. Click on "Apply Filters"

OR

3. When viewing activities, see the Letters which indicate the type of disability the activity is targeting



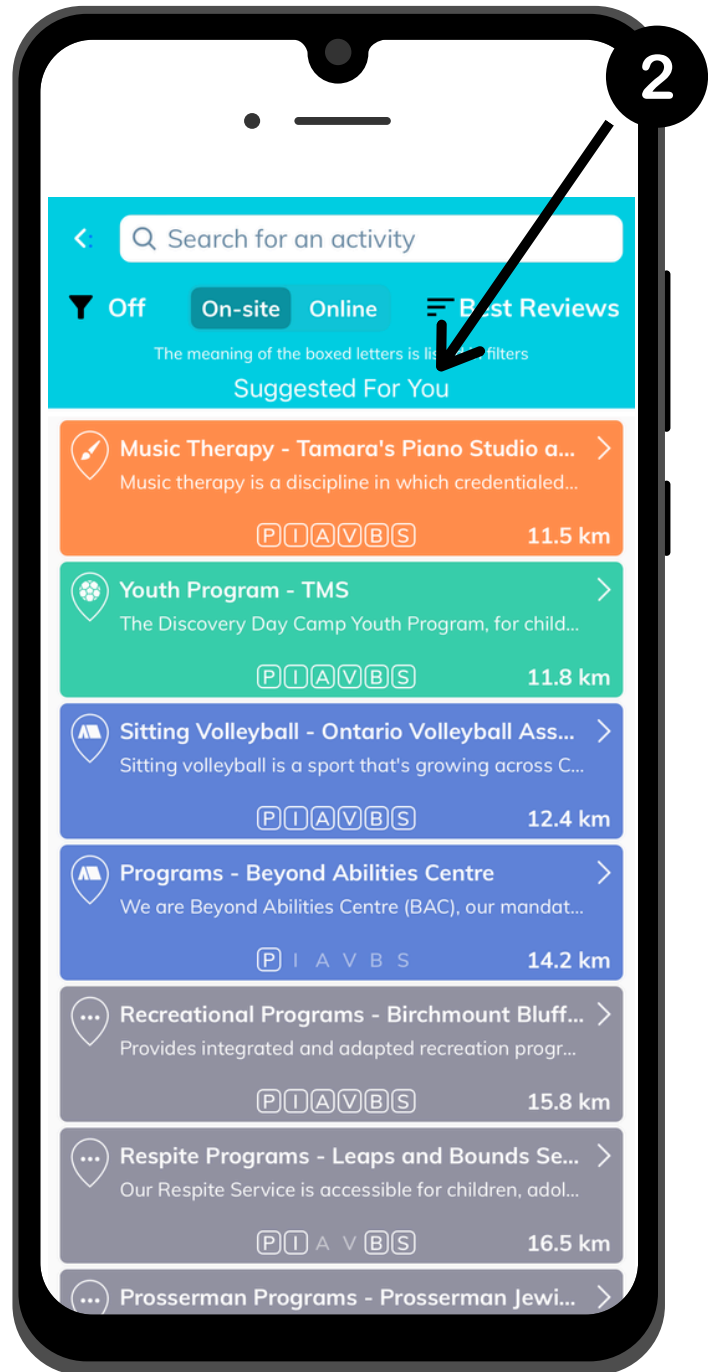
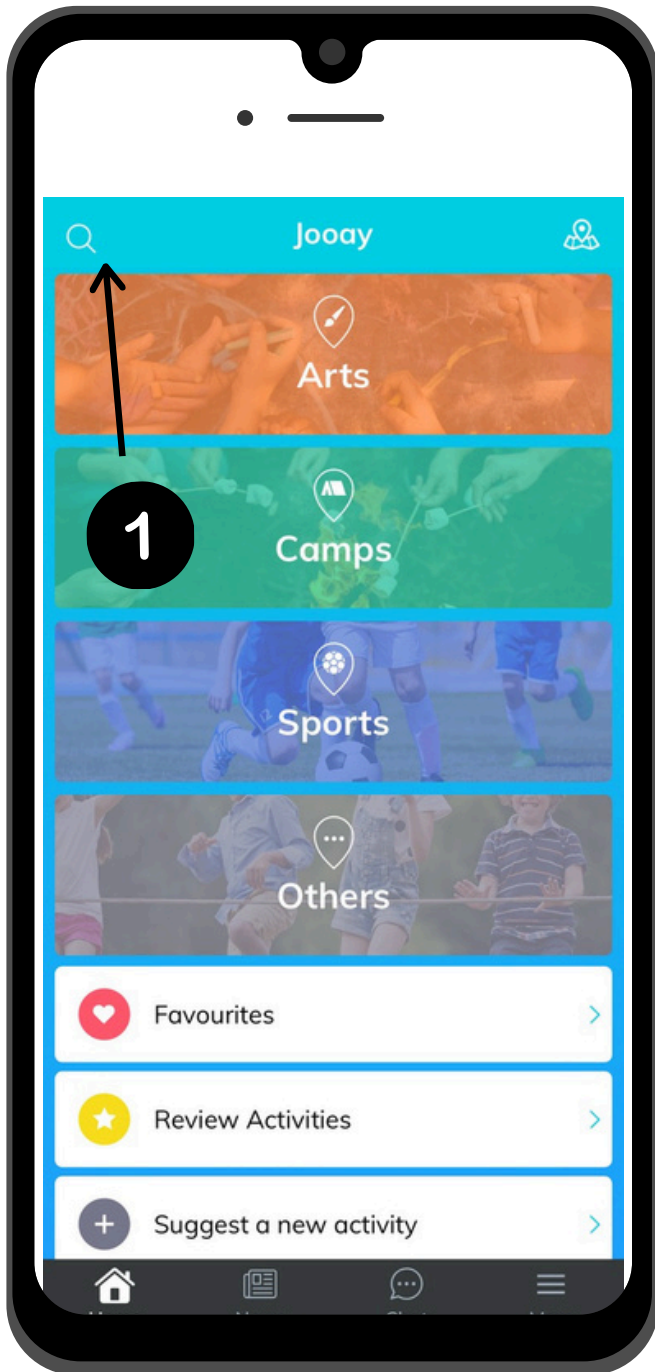
HOW TO GET THE MOST OUT OF THE JOOAY APP?



SUGGESTED FOR YOU

When viewing the new suggested activities

1. Click on the "Search" icon
2. Suggested activities will pop up under the search bar



HOW TO GET THE MOST OUT OF THE JOOAY APP?

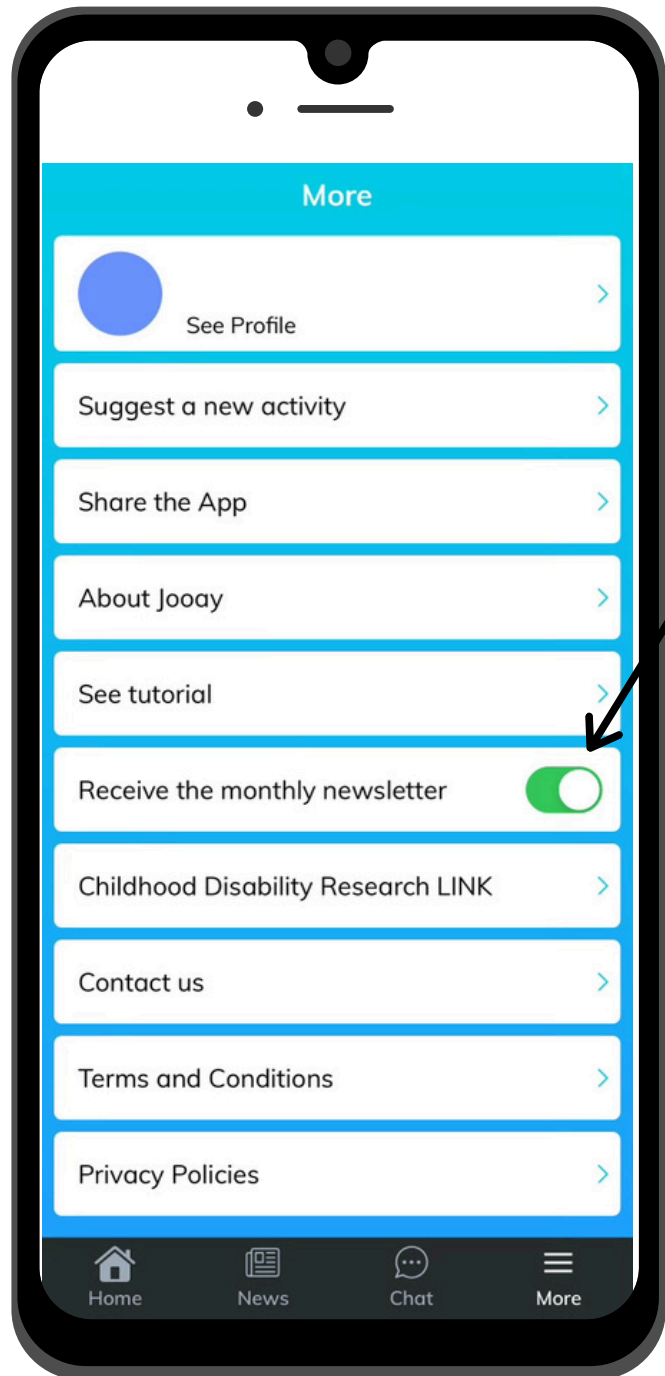
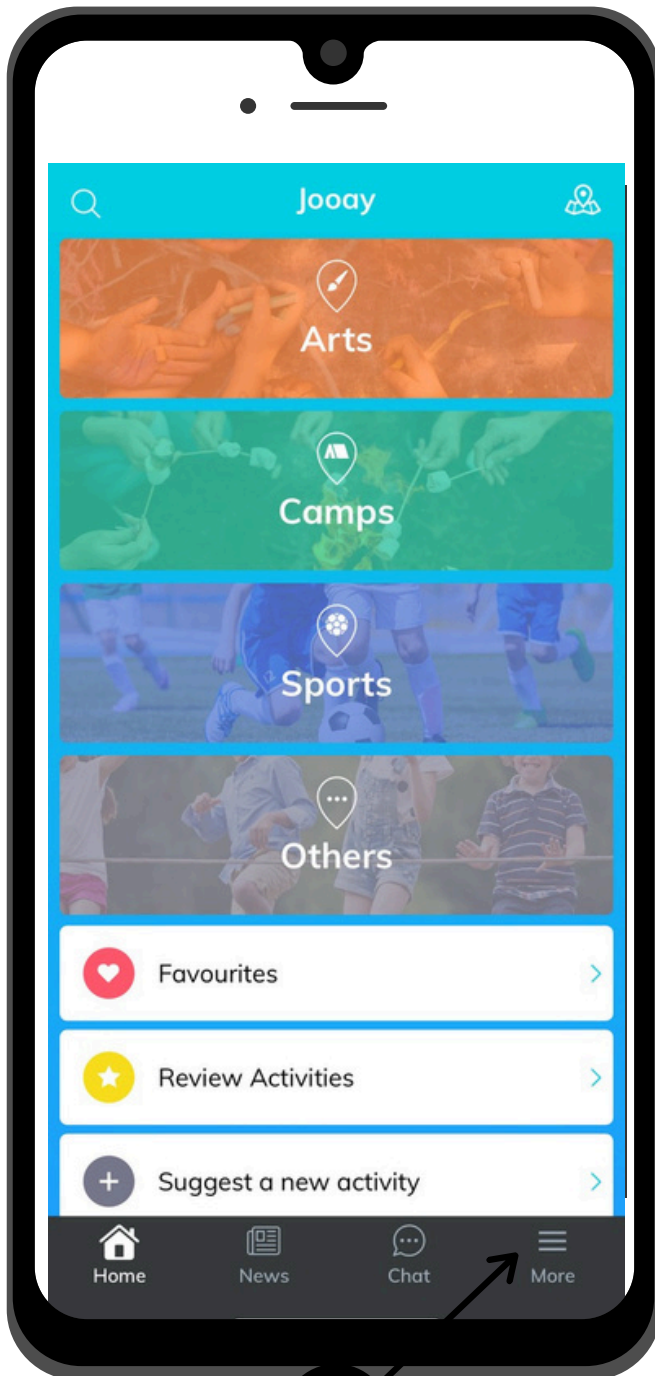
Stay
TUNED

RECEIVE THE MONTHLY NEWSLETTER

You can now receive the monthly newsletter which just a click of a button

1. Click on the "More" icon on the bottom left of your screen
2. Click on the "Receive the monthly newsletter" button

When it turns green, the newsletter will be sent to your email every month



HOW TO GET THE MOST OUT OF THE JOOAY APP?

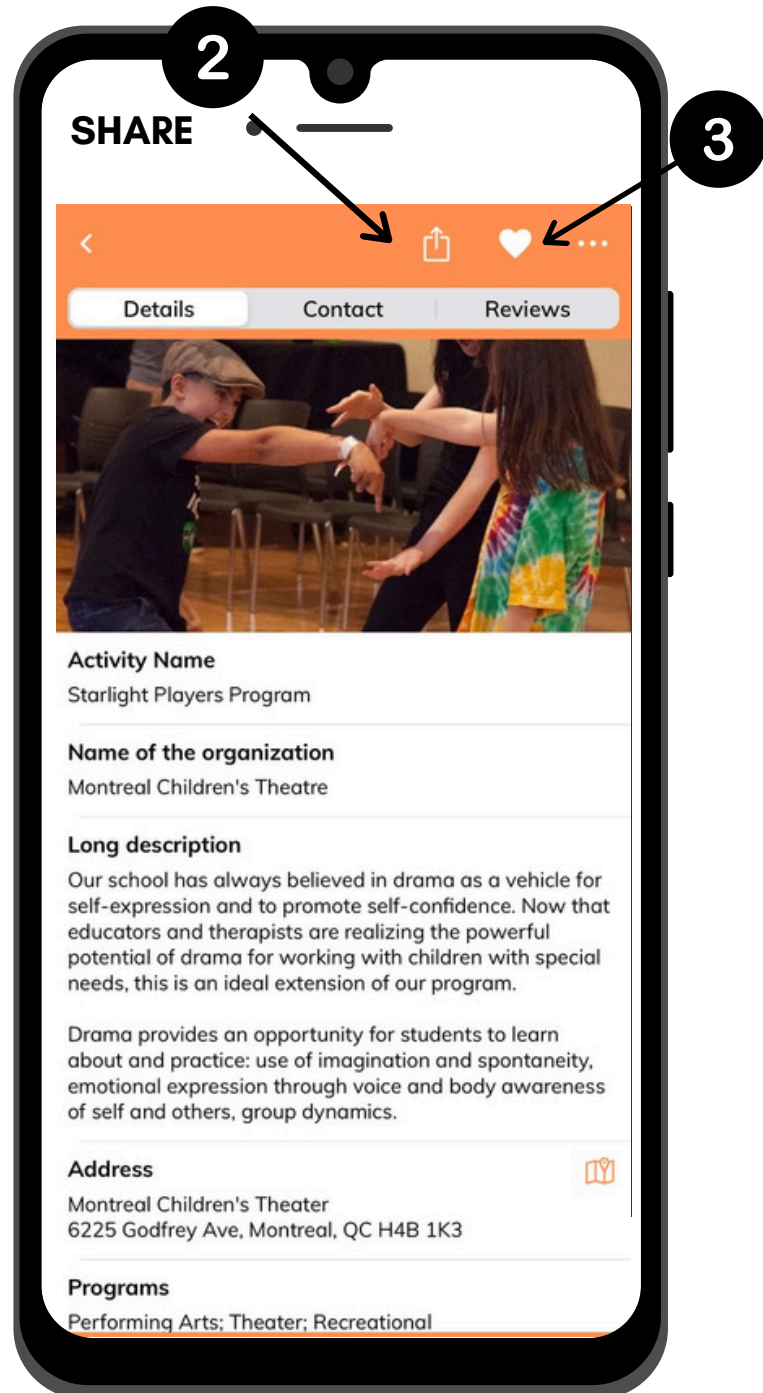
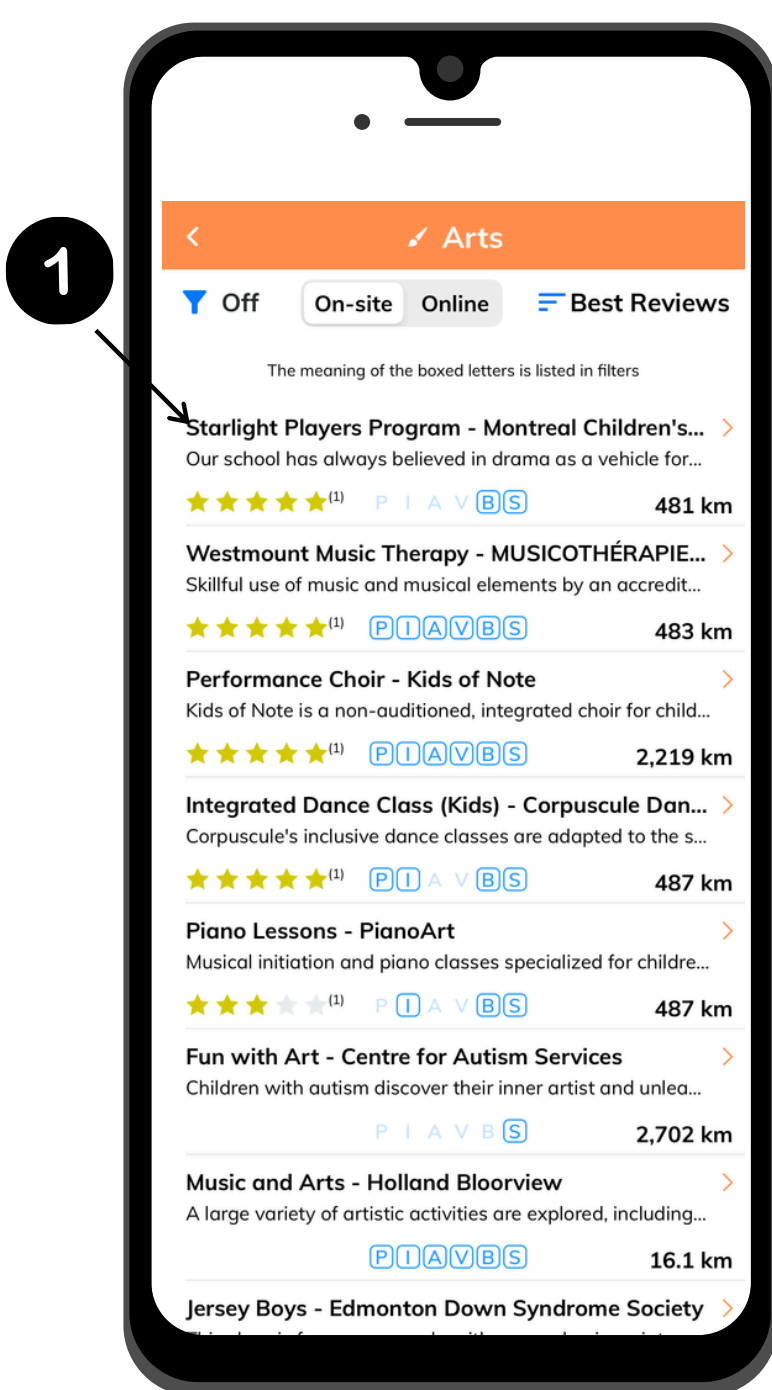


SHARE AND ADD TO YOUR FAVOURITES

You can now share the activities to others and like your favourite activity

1. Click on the activity of your choice
2. To **share**, click on the top right of the screen on the "Share" icon
3. To **favourite**, click on the heart so you can easily access it in your favourites folder

FAVOURITE



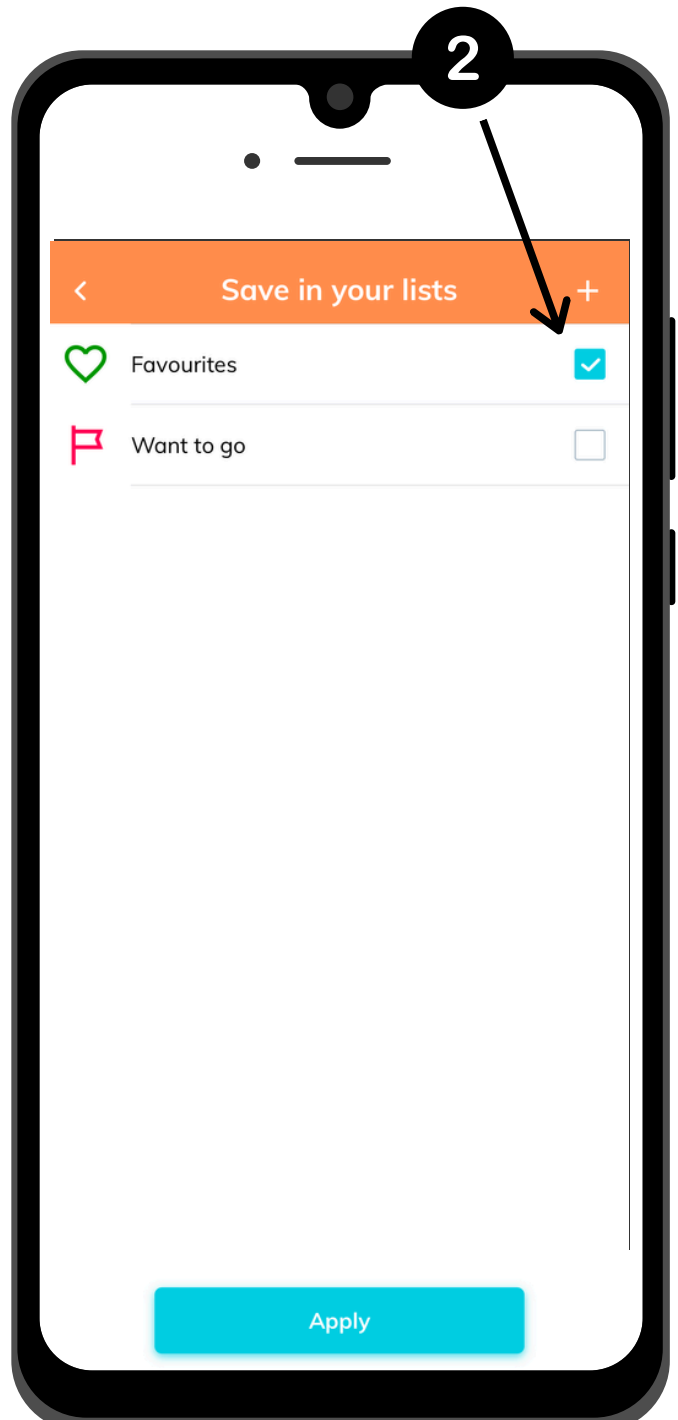
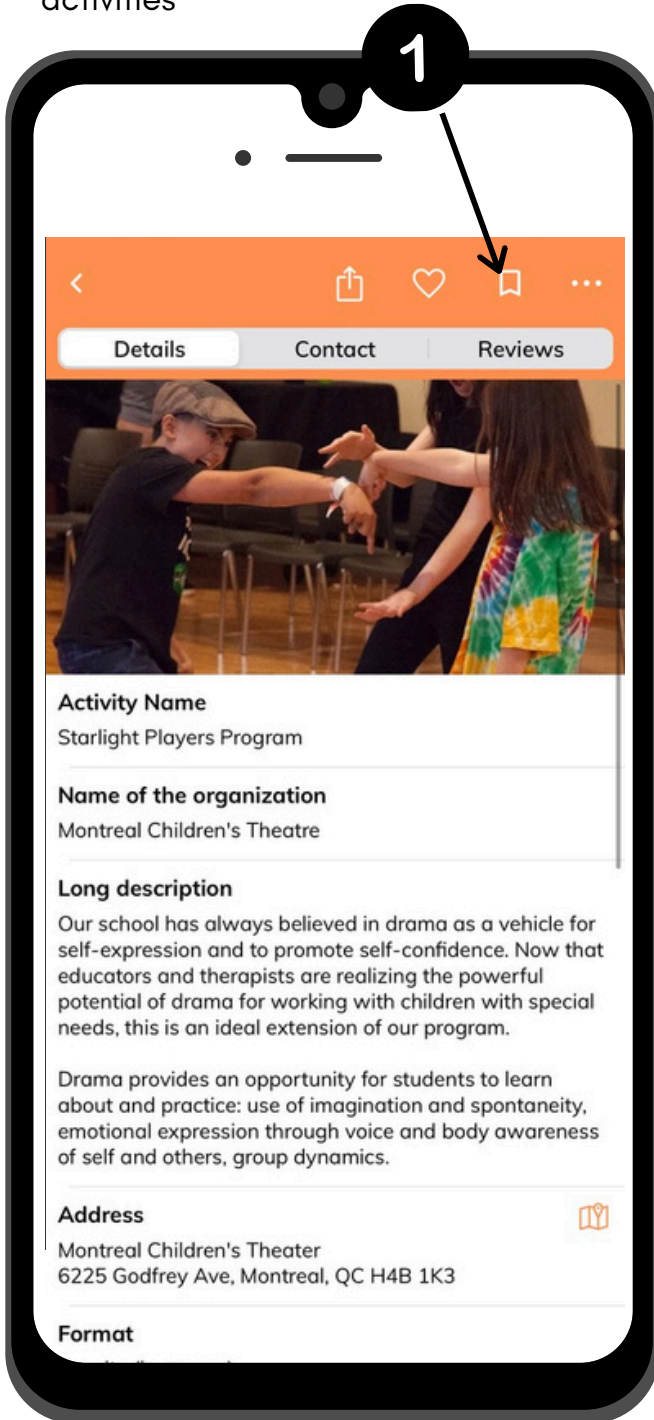
HOW TO GET THE MOST OUT OF THE JOOAY APP?



SAVED FOLDER

To add the activities in the bookmarked folder

1. Click on the activity of your choice
2. Tap on the "Bookmark" icon
3. Choose the folder you want the activity to be saved in to create a list of your favourite activities



KNOW OF A GREAT INCLUSIVE ACTIVITY? LET US KNOW!

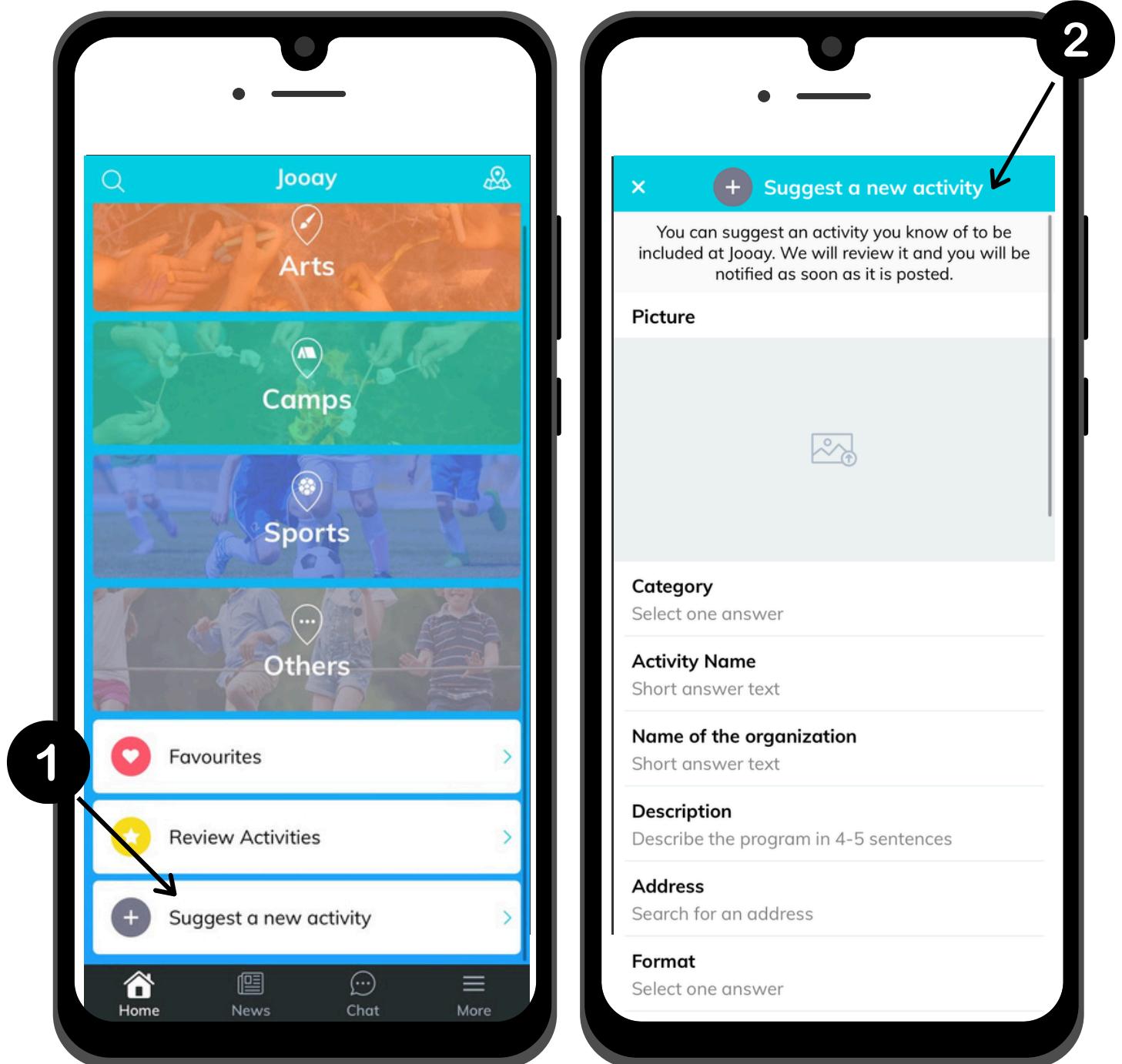


SUGGEST A NEW ACTIVITY

Add your organizations on the Jooy App!

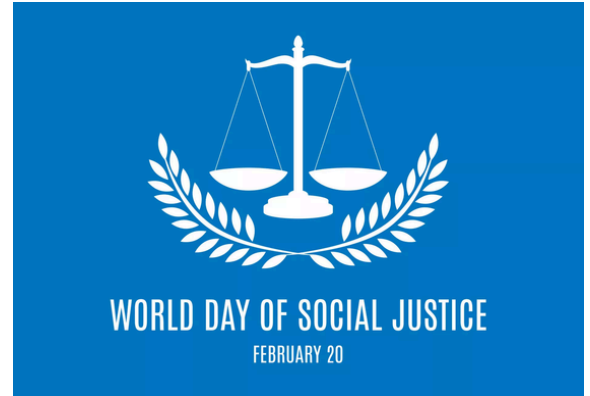
1. Click "Suggest a New Activity" on the bottom of the screen
2. Fill in the form with the information of the activity

--> We will review it and notify you as soon as the activity is added to Jooy!



February 20 is World Day of Social Justice

Access to leisure and recreation is a right, not a privilege. Every child deserves the opportunity to move, play, and belong.



If you have any suggestions for our newsletter please let us know!

contact: jooay@childhooddisability.ca

SOCIAL MEDIA

Follow us! 



@Jooay



@jooayapp



@jooayapp

Join the Jooay Community Connecting to Play Facebook Group!



<https://www.facebook.com/groups/JooayCommunity>

